



## Client symptom Acuity on a 10 Point Likert Scale

The purpose of this questionnaire is to help clinicians accurately track the cases that produce high levels of stress, secondary trauma, and professional burnout so that steps may be taken to create better professional balance and wellness. Please list the number of clients who present with stress-inducing levels of acuity in the following areas, rated on a scale from zero to extreme:

(0=None 1 2=Mild 3 4=Moderate 5 6= High 7 8=Severe 9 10-Extreme )

High degree of trauma symptomatology (childhood, combat, domestic abuse, etc.)

\_\_\_0 \_\_\_1 \_\_\_2 \_\_\_3 \_\_\_4 \_\_\_5 \_\_\_6 \_\_\_7 \_\_\_8 \_\_\_9 \_\_\_10

High degree of safety risk (suicidality, homicidality, domestic violence, medical risk, etc.)

\_\_\_0 \_\_\_1 \_\_\_2 \_\_\_3 \_\_\_4 \_\_\_5 \_\_\_6 \_\_\_7 \_\_\_8 \_\_\_9 \_\_\_10

High case complexity (personality disorders, multi-problem, etc. )

\_\_\_0 \_\_\_1 \_\_\_2 \_\_\_3 \_\_\_4 \_\_\_5 \_\_\_6 \_\_\_7 \_\_\_8 \_\_\_9 \_\_\_10

High conflict (marital, family, professional life, etc.)

\_\_\_0 \_\_\_1 \_\_\_2 \_\_\_3 \_\_\_4 \_\_\_5 \_\_\_6 \_\_\_7 \_\_\_8 \_\_\_9 \_\_\_10

High degree of emotional dependency (demanding, boundary problems, etc.)

\_\_\_0 \_\_\_1 \_\_\_2 \_\_\_3 \_\_\_4 \_\_\_5 \_\_\_6 \_\_\_7 \_\_\_8 \_\_\_9 \_\_\_10

High degree of countertransference activation

\_\_\_0 \_\_\_1 \_\_\_2 \_\_\_3 \_\_\_4 \_\_\_5 \_\_\_6 \_\_\_7 \_\_\_8 \_\_\_9 \_\_\_10

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