### LPCA 36th Annual Convention & Regional Conference May 14 – 17, 2024

MONDAY MAY 13, 2024

TIME EVENT

2:00 PM – 4:00 PM Kick Off Session

3:30 PM – 6:00 PM Pre-Registration

3:30 PM - 7:00 PM SET UP and EXHIBITORS

Time	Speaker	Program	CE	Track	Room
			Hours		
1:45 PM - 2:00	President Elect	Welcome	15	G	
PM			mins		
2:00 PM - 4:00	Dr. Chapin-Russell	Title Coming Soon	2	N	Virtual
PM					

TUESDAY MAY 14, 2024 PRE-CONVENTION INSTITUTES

7:30 AM – 5:30 PM Registration

8:00 AM – 8:45 AM Breakfast

8:30 AM – 11:45 PM Pre-Convention Institutes Part 1

10:00 AM - 10:15 AM Break

11:45 AM - 1:00 PM Lunch

1:00 PM – 4:15 PM Pre-Convention Institutes Part 2

2:30 PM – 2:45 PM Break

Time	Speaker	Program	CE Hours	Track	Room
830 AM – 4:15 PM	Johnnie Jenkins	Attention Counselors Let's Learn Two Unknown Concepts: Family Burden and Integral Theory	6	W	
830 AM – 4:15 PM	Larry Schor	Psychedelics and Ethics: High Time We Become Educated	<mark>6</mark>	E	
830 AM – 4:15 PM	Glendora Devine	Smart Strategies to Build Rapport with Clients Using Tele	6	ТМН	
830 AM – 4:15 PM	Felice Martin	Are you prepared for the Neurowave?	6	N	
830 AM – 4:15 PM	Alena Porter	Religion, Relationships, Sex, Purity, and Pornography Use	6	G(S)	
830 AM – 11:45 PM	Pt1 – Kelly Veal	Navigating Rural Ethics in Supervision and Counseling Practice	3	SV, E	
1:00 PM - 4:15 PM	Pt2 – David Markwell	Supervision Lab 101: A guide on what to know and do when providing supervision	3	SV	

#### WEDNESDAY MAY 15, 2024 CONVENTION

7:30 AM – 5:30 PM Registration 8:00 AM – 8:45 AM Breakfast 8:30 AM – 10:30 AM Key Note 10:30 AM – 11:00 AM Break

11:00 AM – 12:30 PM AM Workshops 1.5hr

12:30 PM - 1:45 PM Lunch

1:45 PM – 5:00 PM PM Workshops 1.5hr

3:15 PM – 3:30 PM Break

2:00 PM – 5:15 PM PM Workshops 3hr

3:30 PM – 3:45 PM Break

Time	Speaker	Program	CE	Track	Room
			Hours		
8:30 AM -	Yoon Suh	Keynote - Title Coming Soon	2	N	
10:30 AM					

#### Morning

	Speaker	Program	CE	Track	Room
			Hours		
11:00 AM -	William Carrol	Assumptions about Autism Spectrum Disorder	1.5	N	AB -130
12:30 PM					
11:00 AM -	Evelyn Wedge	Facing the Ghosts in the Nursery: Identifying	1.5	W,N	C – 60
12:30 PM		Early and Intergenerational Trauma that Impacts			
		Mental Health over a Lifetime			
11:00 AM -	Christy Sims	The Impact of Intimate Partner Violence on	1.5	W,	D - 225
12:30 PM		Mental and Emotional Well-Being		G(s)	
		Title Coming Soon			
11:00 AM -	Adrienne Graham	Reclaiming Resilience: Affirming Counseling for	1.5	TR	G – 60
12:30 PM		Transgender Survivors of Sexual Assault			
11:00 AM -	Della Hightower	Utilizing Trauma-Informed Practices in Risk	<mark>1.5</mark>	E,TR	Dun -
12:30 PM		Assessments and 1013 Implementation			250

### Evening Part 1

	Speaker	Program	Hours	Track	Room
1:45 PM - 3:15	Lyndsay Deal	The Neurobiology of Connection: The Counseling	1.5	N	AB -130
PM		Relationship as a Vehicle for Co-Regulation and			
		Corrective Emotional Experiences			
1:45 PM - 3:15	Keny Felix	Applying Biopsychosocial-Spiritual Framework to	1.5	W	C – 60
PM		Employee Wellness			
1:45 PM - 3:15	Teresa Bradley	Science of Trauma and Addiction: Pathways to	1.5	TR	D - 225
PM		Recovery			
1:45 PM - 3:15	Michael Sytsma	Empowering Personal Sexual Wellness: Unveiling	1.5	G (S)	EF - 140
PM		the Superpowers of Individual Agency in			
		Intimate Partnerships			
2:00 PM - 5:15	Skye McIntyre	Ethics: Understanding Your Motivations and	<mark>3</mark>	E	G – 60
PM		Boundaries in the Therapeutic Relationship			
2:00 PM - 5:15	Louis Boynton	Advanced Supervision: Teaching Neuroscience	3	SV, N	Dun -
PM		Interventions			250

# Evening Part 2

	Speaker	Program	Hours	Track	Room
3:30 PM - 5:00	Emmet Shaffer	NeuroCounseling Dialogues: Bridging	1.5	N	AB -130
PM		Generations with an LPC/CPCS Father and			
		Neuroscience Major Daughter			
3:30 PM - 5:00	Debra Hanson	Living, Loving and Loss, Addressing Grief in	1.5	TR	C – 60
PM		BIPOC communities			
3:30 PM - 5:00	Karen Landry	What is Revolutionary Self-Care	1.5	W	D – 225
PM					
3:30 PM - 5:00	Aprille Whitfield	Supervision Ethics: Ideas and Assessment of	1.5	SV/E	EF - 140
PM		Psychological Hardiness			
					G – 60
					Dun -
					250

TH	IURSDAY	MAY 16, 2024	CONVENTION
7:	30 AM – 5:30 PM	Registration	
8:	15 AM – 9:00 AM	Breakfast	
7:	30 AM – 8:30 AM	Awards Ceremony	
8:	30 AM – 9:00 AM	Break	
9:	00 AM – 12:15 PM	AM Workshops 1.5hr	
9:	15 AM – 12:30 PM	AM Workshops 3hr	
12	2:15 PM - 1:45 PM	Lunch	
1:	45 PM – 5:00 PM	PM Workshops 1.5hr	
3:	15 PM – 3:30 PM	Break	
2:	00 PM – 5:15 PM	PM Workshops 3hr	
3:	30 PM – 3:45 PM	Break	

Time	Speaker	Program	CE	Track	Room
			Hours		
7:30 AM – 8:30	LPCA Board and	Awards Ceremony	1	G	
AM	Staff				

# Morning Part 1

	Speaker	Program	Hours	Track	Room
9:00 AM -	Martin Altman	ADHD and Neurodivergence: A Vast Improvement	1.5	N	AB -130
10:30 AM					
9:00 AM -	Marcia Blane	Can You Hear Me? Normalizing Emotional Safety	1.5	W	C – 60
10:30 AM					
9:00 AM -	Dixie Powers	Trauma Based Suicide Prevention	1.5	TR	D - 225
10:30 AM					
9:00 AM -	Eric Groh	Ethics: Embracing Artificial Intelligence in Your	<mark>1.5</mark>	E	EF - 140
10:30 AM		Psychotherapy Practice			
9:15 AM –	Carolyn Ramp	Creating your Individual Supervision Plan	3	SV	G – 60
12:30 PM					
9:15 AM –	Pamela Malkoff	Creative Cognitive Therapy Method: Short-term,	3	G	Dun -
12:30 PM		Solution-Focused Therapy That combines Art			250
		Therapy and Cognitive Behavioral Therapy			

## Morning Part 2

Speaker Program Hours Track Room	Hours   Track   Room		Spe
----------------------------------	----------------------	--	-----

10:45 AM -	Shama Panjwani	Utilizing Mindfulness in Dealing with Racial and	1.5	TR,	AB -130
12:15 PM		Attachment Traumas		G(D),	
10:45 AM -	Dorothy	Trauma Focused-Cognitive Behavioral Therapy:	1.5	TR	C – 60
12:15 PM	Chambers	An Overview			
10:45 AM –	Sung Woo "Tom"	Western Therapy Doesn't Work for Eastern	1.5	G	D – 225
12:15 PM	Kim	Minds? Understanding the Stigma of Mental			
		Health in Asian American Community			
10:45 AM –	Yoon Suh	Title Coming Soon	1.5	N	EF - 140
12:15 PM					
					G – 60
					Dun -
					250

Evening Part 1

	Speaker	Program	Hours	Track	Room
1:45 PM - 3:15	Chrystol Wilson-	Nurturing Therapist Wellbeing: Strategies for	1.5	W	AB -130
PM	Payne	Resilience and Fulfillment			
1:45 PM - 3:15	Asha Dickerson	Integrating Multicultural Counseling and	1.5	G(D),	C – 60
PM		Expressive Arts: Intersections of Healing and		W	
		Growth			
1:45 PM - 3:15	Anne Watts	Connecting The Puzzle Pieces: Attachment	1.5	N, TR	D - 225
PM		Trauma and Nuerobiology			
2:00 PM - 5:15	Whitney Owens	How to add interns and associates to your	3	G	EF - 140
PM		practice: increase access to counseling services in			
		your community			
2:00 PM - 5:15	Herani Argoe	No Bad Bodies: Introduction to Body Inclusive	3	TR	G – 60
PM		and Trauma Informed Disordered Eating and			
		Body Image Care			
2:00 PM - 5:15	Elizabeth	Interoception: Clinician Presence and	3	N	Dun -
PM	Ocheltree	Authenticity as a Neurobiological Imperative in			250
		the Therapeutic Setting			

Evening Part 2

	Speaker	Program	Hours	Track	Room
3:30 PM - 5:00	Melisa Alba	Empowering Through Healing: A Money Trauma	1.5	TR, W	AB -130
PM		Workshop for Licensed Professional Counselors			
3:30 PM - 5:00	Christian Brown	Intersectionality Between Substance Use and	1.5	G(A),	C – 60
PM		Counter Cultures in Clinical Practice		G(D),	
3:30 PM - 5:00	Tonika Dew Evans	Reimagining Ethics – Clinician Self Care	1.5	Е	D – 225
PM					
					EF - 140
					G – 60
					Dun -
					250

Late Evening

Speaker Program	Hours	Track	Room	
-----------------	-------	-------	------	--

5:30 PM - 7:00		Title Coming Soon			
PM					
5:30 PM - 7:00		Title Coming Soon			
PM					
5:30 PM - 7:00	Chip Abernathy	Spirituality in Addictions	1.5		
PM					
5:30 PM - 7:00	Richard	Pornography: What's the Big Deal	1.5		
PM	Blankenship				
5:30 PM - 7:00	Candice Norris-	Prioritizing the well-being of clinicians: An ethical	1.5	E	
PM	Brown	approach to promoting resilience			
5:30 PM - 7:00	Chanel Toson	When Time Hasn't Healed: Exploring Grief and	1.5		
PM		Loss In Adults, Children, and Families			

**FRIDAY** MAY 17, 2024 7:30 AM - 5:30 PM Registration 8:15 AM - 9:00 AM Breakfast Legislation / Advocacy 7:30 AM - 8:30 AM 8:30 AM - 9:00 AM Break 9:00 AM - 12:15 PM AM Workshops 1.5hr 9:15 AM - 12:30 PM AM Workshops 3hr 12:15 PM - 1:45 PM Lunch 1:45 PM - 5:00 PM PM Workshops 1.5hr 3:15 PM - 3:30 PM **Break** PM Workshops 3hr 2:00 PM - 5:15 PM

**Break** 

Time	Speaker	Program	CE	Track	Room
			Hours		
7:30 AM – 8:30	Multiple	Legislation / Advocacy	2	N	
AM					

### Morning Part 1

3:30 PM - 3:45 PM

	Speaker	Program	Hours	Track	Room
9:00 AM -	Brandis Smith	Impacts of Grief on The Brain	1.5	TR, N	AB -130
10:30 AM					
9:00 AM -	Lauren Gordon	Building Resilience in Youth	1.5	W	C – 60
10:30 AM					
9:00 AM -	Kristina	Improving the Counseling Experience: Reducing	<mark>1.5</mark>	E	D – 225
10:30 AM	Henderson	Ableism and increasing accessibility in counseling			
		settings			
9:00 AM -	Greg Searls	LPCA Special Presentation: The Interstate	<mark>1.5</mark>	SV, E	EF - 140
10:30 AM		Counseling Compact: The Privilege to Practice in			
		Other States			
9:00 AM -	Multiple	LPCA- Panel with the President Elect			G – 60
10:30 PM					
9:15 AM –	Hillary Straus	The Neurobiology of Trauma and Its Implications	3	N, TR	Dun -
12:30 PM		for Successful Treatment			250

#### Morning Part 2

Speaker	Program	Hours	Track	Room	

10:45 AM –	Destiny Huff	Working with Children who have experience	1.5	TR,	AB -130
12:15 PM		Trauma in the School Setting		G(CH)	
10:45 AM -	Monique Johnson	Unveiling Trauma: A Hands-On Guide to Trauma-	1.5	TR,	C – 60
12:15 PM		Informed Therapy for Couples		G(M)	
10:45 AM -	Suzanne Fincher	The Circle Holds	1.5	W	D – 225
12:15 PM					
10:45 AM -	Tonja Simmons	Title Coming Soon	1.5		EF - 140
12:15 PM	and Eric Rodgers				
10:45 AM -		TITLE COMING SOON			G – 60
12:15 PM					
					Dun -
					250

Evening Part 1

	Speaker	Program	Hours	Track	Room
1:45 PM - 3:15	Peeper McDonald	Counselors we have a problem! Wellness	1.5	W,	AB -130
PM		implications for multiracial people's experiences		G(D)	
		of microaggressions in counseling and counselor			
		education			
1:45 PM - 3:15	Lisa Hedden	Embracing a Size-Inclusive Wellness Model in	1.5	SV, W	C – 60
PM		Supervision			
1:45 PM - 3:15	Amanda Nicholson	For the Church Girls: Interventions to Aid Black	1.5	TR	D - 225
PM		Women of Faith to Build to Heal from Religious			
		Trauma			
2:00 PM - 5:15	Ken Miller	Counseling Older Adolescents: Assessment, Case	3	G(CH)	EF - 140
PM		conceptualization, and treating with ACT			
2:00 PM - 5:15	Angelique Burke	Love, Sex, and Power: Ethical and Practical	3	E	G – 60
PM		Considerations for Navigating Therapy with			
		Clients in Complex Relationship Dynamics			
2:00 PM - 5:15	Julianne Giorgianni	Tech Talk for Therapists: Helping Clients	3	W,N	Dun -
PM		Calculate the Risk of Logging in and Tuning Out			250

Evening Part 2

	Speaker	Program	Hours	Track	Room
3:15 PM – 5:00 PM		Title Coming Soon			AB -130
3:15 PM – 5:00 PM	Louise Finley	Integrating Neurofeedback into Talk Therapy: When, How, and Why?	1.5	N	C – 60
3:15 PM – 5:00 PM	Dr. Prioleau	Integrating Multicultural Wellness in Practice	1.5	W, G(D)	D – 225
					EF - 140
					G – 60
					Dun -
					250

Primary Workshop Categories	G – General / Other Categories
TR - Trauma	D – Diversity
E - Ethics/Legal	M – Marriage and Families
SV - Supervision	C – Children and Adolescents
N - Neuroscience	MH - Mental Health
W – Wellness	S- Sex
	A-Addictions

TMH-TeleMental Health	
W- Wellness	PS – Presented by Student