

Tuesday, May 5, 2020

Preconvention Institute



NBFE/LPCA-GA Forensic Mental Health Evaluation Certification Training

In partnership with the Licensed Professional Counselors Association of Georgia (LPCA-GA), the National Board of Forensic

Evaluators, Inc. (NBFE) offers **an exclusive forensic mental health evaluator certification training event in Atlanta or online, enabling mental health professionals across the country to attend remotely.** NBFE is the only forensic certification organization officially endorsed by the American Mental Health Counselors Association.

Participants will **learn about the National Board of Forensic Evaluators, the Certified Forensic Mental Health Evaluator credential, and the certification process;** and familiarize themselves with the definition of forensic mental health evaluations, differences between forensic and clinical evaluations, ethical considerations for forensic evaluation, types of forensic mental health evaluations, and qualifications for administering and interpreting psychological tests.

Aaron Norton, LMHC, LMFT, CCMHC, MAC, DCMHS, CFMHE, is serving as Executive Director of the National Board of Forensic Evaluators, Adjunct Instructor at the University of South Florida, Southern Regional Director for the American Mental Health Counselors Association, and President of the Florida Mental Health Counselors Association. He has more than 15 years of clinical experience at Integrity Counseling, Inc., was awarded Mental Health Counselor of the Year by the American Mental Health Counselors Association and Counselor Educator of the Year by the Florida Mental Health Counselors Association in 2016, and has been published in several academic journals and professional magazines in counselor education.

Wednesday, May 6, 2020 Morning

Nancy Reeves Presidential Forum and LPCA General Business Meeting

Carolyn A. Ramp, EdS, LPC, CPCS, NCC, ACS, is the Augusta Regional Manager for Georgia Behavioral Health Professionals. With over 40 years of experience working with individuals, couples, and families, she offers consultation and supervision of therapeutic services. She obtained a Masters Degree in Counseling at Augusta College and a Specialist Degree at Georgia Southern University. She currently serves as President of the LPCA Board of Directors.

Advanced Practice Institute

Telemental Health

Presenting a six-hour advanced practice Telemental Health program to fulfill the requirement for six hours of training in Telemental Health under Composite Board rule 135-11, which defines TeleMental Health and establishes minimum standards for the delivery of services by a licensed Professional Counselor, Social Worker, or Marriage and Family Therapist using technology-assisted media.

Keny Felix, PhD, LPC, CPCS, is an Adjunct Professor, Social and Behavioral Sciences at Broward College. He is also an Adjunct Professor, Graduate Counseling Program, at John Brown University. He previously served as Adjunct Professor, School of Counseling and School of Ministry at Richmond Graduate University.

Sonja Sutherland, PHD, LPC, BC-TMH, is an Associate Professor of Counseling at Richmond Graduate University's School of Counseling. She also serves as the Dean of Assessment, Planning & Accreditation, overseeing program and institutional accreditation.

Clinical Supervision 101: Supervision Competencies CPCS Track / S (Ethics/Legal/Foundations)

This workshop is open to all supervisor skill-levels. The purpose of this workshop is to review vital supervisor competencies. Topics to be included are the traits of a clinical supervisor, components of the supervisory relationship, and professional barriers that may impact supervision delivery. Attendees are encouraged to

participate in discussion and engage in productive dialogue throughout the presentation of topics.

Megan V. Boyd, PhD, LPC, CPCS, is the Director of Training and Professional Development for ncgCARE. Within her department, the primary focus is to improve clinical quality and training for all ncgCARE partners. Dr. Boyd has experience as an adjunct faculty, clinical director, and clinical supervisor and has served on the LPCA CPCS committee.

Joshua Gebhardt, AMFT received his Master's degree from Lee University's COAMFTE-accredited Marriage and Family Therapy program in Cleveland, TN. He is enrolled currently as a doctoral student in Mercer University's Counselor Education and Supervision program. Josh works as a marriage and family therapist for Grace Harbour in Newnan.

Trauma Informed Care in Working with Suicidal Adolescents

Untreated trauma and loss in childhood and adolescence is linked to increased risk of suicidal ideation. If not addressed, risk can escalate with age and may result in suicidal gesture or attempt or, ultimately, completion of suicide (Felitti, 1998, Gaskill & Perry, 2012, Shaw, 2000). Participants will be able to describe increasing prevalence of adolescent suicidal ideation, gesture and attempts; identify warning signs and symptoms of trauma in children and adolescents.

Denise Houston, LPC Denise graduated from Argosy University with a Master's Degree in Counseling Psychology in 1996. Her areas of interest include the impact of adverse experiences and trauma, grief and loss, and development of self across the lifespan. Her experience includes working in nonprofit and state agencies, then moved into private practice in 2004.

Temperament, Personality and Oppositional Behavior

This workshop session will define and describe temperament and personality, and view a history of temperament and personality assessments. Additionally, we will discuss the influences of temperament and personality on oppositional behavior.

David Markwell PhD, LPC, NCC, ACS, CPCS, CART, EAS-C, Clinical Supervision Chair is a licensed and board certified Professional Counselor and clinical supervisor in Georgia and Alabama. He has offices in Marietta GA and McCaysville GA. He is a Mental health consultant for Fetch Your News, the online news

show serving North Georgia, a periodic guest on the Atlanta morning radio show "Bailey and Southside" (Rock 100.5), and was awarded the 2017 George C. Podein Counselor of the Year by the LPCA of Georgia.

Fun with Z-Codes: The Counselor's Guide to Diagnosing Non-Disorders

This workshop provides counselors with an overview of z-codes and a systematic process for using z-codes to formulate more effective case conceptualizations and treatment plans. What are "z-codes?" If they aren't disorders, will insurance companies pay for them? A comprehensive list of z-codes is an integral part of diagnosis. When clinicians learn to efficiently and effectively list z-codes, they can save themselves and others a great deal of time, write more meaningful treatment plans, more easily identify what's missing in their interventions, and thereby improve client outcomes.

Aaron Norton, LMHC, LMFT, CCMHC, MAC, DCMHS, CFMHE, is serving as Executive Director of the National Board of Forensic Evaluators, Adjunct Instructor at the University of South Florida, Southern Regional Director for the American Mental Health Counselors Association, and President of the Florida Mental Health Counselors Association. He has more than 15 years of clinical experience at Integrity Counseling, Inc., was awarded Mental Health Counselor of the Year by the American Mental Health Counselors Association and Counselor Educator of the Year by the Florida Mental Health Counselors Association in 2016, and has been published in several academic journals and professional magazines in counselor education.

Counselors' Experiences in the Client Role in Counseling

Counselors are ethically responsible for maintaining their own mental health. At some point in a counselor's career, it is not uncommon for counselors to be in both the role of counselor with clients and in the client role in their own personal counseling. This presentation focuses on preliminary qualitative data on counselors' experiences in the client role in counseling. This presentation will review the current literature on counselors in the client role, will expand on the rationale for the current research study, provide preliminary results, and illuminate the importance and implications of this research.

Carrie L. Elder, LPC, ATR-BC, CPCS, is a counseling doctoral student who has served as the Graduate Art Therapy Coordinator at Georgia College & State University and taught adjunct masters level

counseling courses at Mercer University. She has provided in-person and telehealth clinical counseling supervision for eight years and counseling for 15 years. She is an experienced researcher and presenter, with an emphasis in counselor development, ethics, mindfulness, and non-religious studies.

C. Peeper McDonald, PhD, LPC, ACS, NCC, Assistant Professor in the Department of Counseling at Mercer University, holds a PhD in Counselor Education and Practice. Her research interests include: professional identity, social justice and advocacy issues, and multicultural issues in counseling. She has presented and published on these topics, with specific focus on the racial mislabeling, color-blindness and discrimination, and identity development of Multiracial individuals.

Researchers: Elizabeth Norris and Danielle Dunkley

The Resilience of Women in Transition from Young to Middle Adulthood

Women in transition from young to middle adulthood face a variety of conflicts and concerns. With modern-day roles that change and evolve, it is important they have the self-efficacy for the challenges and well-being to support them. This workshop provides a framework for working with women experiencing the shift with a focus on resilience. An interactive discussion is offered to include cultural implications, tools, and assessment for counselors as they work with women shifting from Erikson's psychosocial stage of intimacy vs. isolation to generativity vs. stagnation.

Sarah J. Littlebear, PhD, LPC, has been counseling in Georgia for over ten years. She has a private practice in Woodstock and also is core faculty for University of the Columbians. Research and practice interests include wellness, women's issues, criminal justice population, addiction, and trauma.

The Science Behind the Intervention: Implementing Evidence-Based Practice

As competent counselors, we must all use best practices. The term "best practices" is defined as approaches to counseling practice that have empirical evidence to support their effectiveness. We will discuss how to become familiar with some of the empirical evidence in support of widely-used best practices and review techniques for implementation with your clients and for yourself.

Dalora Najera, LPC, specializes in substance use disorders. She recently returned to providing utilization

review for a managed care company after spending 3 years as a research project coordinator for the Behavioral Genetics of Addiction Lab at Emory University. She also has experience with individual and group counseling for co-occurring disorders in community mental health settings.

Dina R. Smith, LPC, is owner of "Organized Life Works, LLC which provides Professional Organizing and Lifestyle Coaching to help moms create more balanced lives. She is also a Substance Abuse Group Leader.

The Ethics of Boundaries in Clinical Practice

Case scenarios provide valuable teaching material, demonstrating both classical and unusual presentations which may confront the practitioner. These scenarios are designed to put your diagnostic and management skills to the test. Attendees are expected to discuss the signs, symptoms, diagnosis, and treatment planning.

Rebecca Beaton, PhD, LPC, CPCS, is a licensed psychologist with over 25 years of clinical experience. She is the Founder and Director of TheKnowledgeTree.org, a site for learning and growing. She has served as Adjunct Professor in the Psychology Department of Emory University; Co-founder of OCD Georgia, a local non-profit organization for OCD advocacy; and as Ethics Chair for the Georgia Psychological Association.

Wednesday, May 6, 2020 Afternoon

The Law and Board Rules in Clinical Counseling Supervision **CPCS Track / S (Legal/Ethical)**

This session will review the laws and rules that govern becoming a Licensed Professional Counselor in the state of Georgia. We will review current methods of documentation recommended for supervisors and supervisees. Ethical codes for supervision and documentation will be examined.

Eric J. Rodgers, LAPC, BCC, NBCC, is a mental health professional with a strong clinical foundation, psychiatric hospital experience, and thorough knowledge of board rules and regulations regarding counseling practice. Having worked clinically with a diverse range of clients, including those with severe mental health issues, his professional experience includes work as a licensure consultant, CPCS program

manager, and board member for the Licensed Professional Counseling Association of Georgia.

Suicide Ideation: Assessment and Treatment

This workshop covers an explanation of suicide ideation including risk factors, precipitating factors, and warning signs that increase risk for suicide ideation and suicide attempt. Participants will be able to use the C-SSRS to assess for suicide risk in clients, effectively create a safety plan with clients, determine the level of risk, and determine treatment for clients. Participants will get to practice assessing, creating a safety plan, and determining level of risk and care needed interactively.

Julia Harris, LPC, NCC, has worked with the Summit Counseling Center in Johns Creek and Dunwoody since 2015. As a Staff Therapist, intensively trained in Dialectical Behavior Therapy (DBT), she serves as the DBT Team Lead. Her areas of competency include acute and chronic suicide ideation, self-harm, eating disorders, and mood disorders. She works with adolescents and adults starting at age 13.

Practical Approaches to Working with Individuals with Severe Mental Illness

This workshop provides the clinician with a brief review of symptoms and diagnostic criteria of various severe and persistent mental illnesses and offers knowledge based on clinical studies regarding the treatment of such disorders. It focuses on difficult to treat symptoms and offers the learner practical ideas when working with this population of patients.

Laura B. Howell, PsyD, LPC, NCC, has a Master's of Science in Clinical Counseling Psychology from Brenau University and a Doctorate of Psychology from Georgia School of Professional Psychology. She has worked in both private practice and in a forensic setting in the areas of trauma, domestic violence, severe and persistent mental illness, suicidality and various other areas. She is currently working with female offenders in a prison setting.

Dealing With Ambivalence to Change in Psychotherapy

Ever feel stuck with clients? We often use terms such as resistant, oppositional, borderline to describe patients who, despite expressing a desire to change, reject our help. This workshop offers an alternative interpretation of resistance as Pathological Ambivalence (PA) that is rooted in biological functioning and psychological narrative. These factors result in the development of strong but conflicting needs that can slow down,

confuse or even halt the therapeutic process. This workshop will offer a framework and specific strategies for sidestepping power struggles that often occur due to PA and that enable the patient to resolve the ambivalence from within.

Linda Paulk Buchanan, MEd, PhD, founded Atlanta Center for Eating Disorders in 1993 which was acquired by Walden Behavioral Care in 2017 for whom she currently works as Senior Director of Clinical Services. Her book [A Clinician's Guide to Pathological Ambivalence](#) was published in 2019. Dr. Buchanan serves as a peer reviewer of American Psychological Association (APA) Journals and writes a blog called "From One Therapist to Another," writing about experience gained in 35 years of clinical practice.

What Color Is Your (Counseling) Parachute?

Whether you are planning a career in counseling, are experienced counselors, or are considering retirement from counseling there may come a time that you need to switch fields or find a new type of employment. Whether job incompatibility, transference, vicarious injury or burnouts plays a role in your career, how do you go about identifying what you can offer another type of work or career? Inspired by both personal experience, observation, and the best selling book, "What Color Is Your Parachute?" this panel discussion will cover aspects such as job fit, second careers, career change and planning, and life-work planning for people with a counseling background.

Thomas E. Andre, LPC, and Associate Real Estate Broker. Tom has a BS in Organizational & Interpersonal Communication and a MA in Counseling. For several years, he was dual-careered as a therapist in private practice and as a part-time Realtor. He has also served on the Board of the LPCA. Currently, he utilizes his people, communication, and counseling skills to make real estate transactions a simple, stress free for his clients.

Mixed Orientation in Relationships: A Counselor's Guide

Mixed-orientation couples (MOCs) are a marginalized LGBTQ+ population that have received little attention from researchers and clinicians. Those in mixed-orientation relationships seem to face specific challenges that contribute to unique difficulties in marriage. The topics covered in this presentation will include a discussion of best practices, relationship qualities and characteristics, clinical approaches, and risk factors when working with mixed-orientation couples.

Joshua Gebhardt, AMFT received his Master's degree from Lee University's COAMFTE-accredited Marriage and Family Therapy program in Cleveland, TN. He is enrolled currently as a doctoral student in Mercer University's Counselor Education and Supervision program. Josh works as a marriage and family therapist for Grace Harbour in Newnan.

Filling in the Gaps in Clinical Counseling Supervision

This informative and interactive session will help supervisors develop knowledge and skills in areas not typically addressed in clinical supervision trainings. This session was designed based on common questions supervisors and supervisees have about supervision as presented during LPCA consults. It will cover topics such as what needs to be inside a supervision notebook, notifying the board of changes, best practices, and more.

Eric J. Rodgers, LAPC, BCC, NBCC, is a mental health professional with a strong clinical foundation, psychiatric hospital experience, and thorough knowledge of board rules and regulations regarding counseling practice. Having worked clinically with a diverse range of clients, including those with severe mental health issues, his professional experience includes work as a licensure consultant, CPCS program manager, and board member for the Licensed Professional Counseling Association of Georgia.

Thursday, May 7, 2020 Morning

Advanced Practice Institute



Psychopharmacology 2020

The workshop will also highlight the body of knowledge of psychotropic medications including the latest anti-depressants, anti-psychotics, anti-anxiety, mood stabilizers, psycho-stimulants, and herbal psychotropic. A recent review of the latest research in the neurobiology of anxiety, depression and substance use disorders will also be included in this presentation.

Merrill Norton, PharmD, DPH, ICCDPD, is a Clinical Associate Professor at the University of Georgia College of Pharmacy with his specialty areas to include psychopharmacology and addiction pharmacy. He has also been a faculty member of the Fairleigh-Dickinson University Postdoctoral Training Program in

the Masters of Psychopharmacology, Alliant International University of San Francisco College of Psychology, University of Georgia School of Continuing Education, and Berry College in the areas of Psychopharmacology and Addiction Pharmacy. His area of specialty in addiction pharmacy is the management of chronic pain in the addicted patient.

Help Me Help You: Diversity Issues in Supervision CPCS Track / S (Specialized)

This interactive workshop will review the current literature surrounding diversity issues in clinical supervision; specifically gender and cultural differences. This workshop will allow attendees to explore and identify diversity bias in their supervisory roles. The attendees will also learn ways to reduce diversity bias in supervision.

Megan V. Boyd, PhD, LPC, CPCS, is the Director of Training and Professional Development for ncgCARE. The focus of her department is to improve clinical quality and training for all ncgCARE partners. Dr. Boyd has experience as an adjunct faculty, clinical director, and clinical supervisor and has served on the LPCA CPCS committee.

Salem Tennyson, NCC, is a first year Counselor Education and Supervision doctoral student at Mercer University in Atlanta..

Ethical Considerations when Providing Feedback in Supervision

CPCS Track / S (Methods/Legal/Ethical)

In this presentation, ethical issues in supervision feedback will be explored. Feedback is central to effective supervision, but numerous issues make it challenging, such as cultural difference, lack of direct observation, and giving difficult feedback. What are the ethical responsibilities of supervisors to provide feedback? How can supervisors more effectively and ethically provide feedback to supervisees? This presentation outlines ways in which supervisors can provide supervision feedback that is grounded in ethical practice.

Paul H. Smith, PhD, LPC, NCC, ACS, is an assistant professor at Mercer University in Atlanta in the Department of Counseling. He received his PhD in Counseling and Counselor Education from the University of North Carolina at Greensboro, and MA in Counseling from Wake Forest University. His research interests include globalization and the profession of counseling, grief and loss in counseling, and effective teaching in counselor education.

Mindie M. Blackshear, APC, NCC, is a current Doctoral Student in the Counseling Education and Supervision program at Mercer University – College of Professional Advancement. She received Master of Science in Clinical Mental Health Counseling at Mercer University and Bachelor of Arts in Psychology from Piedmont College.

Sex Therapy 101

The workshop will introduce participants to the basics of what sex therapy is and how it helps clients achieve greater intimacy and relational satisfaction. Sex Therapy 101 is designed to help mental health clinicians assess sexual problems, triage, and refer when needed.

Natalie A. N. Elliott, LPC, LMFT, CST, CPCS, CST-S, is an AASECT Certified Sex Therapist and Sex Therapy Supervisor specializing in helping individuals and couples improve their sexual relationships. Natalie is currently working exclusively in her private counseling practice in North Atlanta where she enjoys supporting her clients and training new therapists in the sexuality field. For more information please visit www.AtlantaSexTherapy.com.

TF-CBT from a Children's Advocacy Center Standpoint

Trauma-Focused Cognitive-Behavioral Therapy (TF-CBT) has been proven to be beneficial when working with children who have experienced trauma. Many times clinician's have to learn to navigate TF-CBT from a multidisciplinary approach in order to address the child, family, and other agencies such as law enforcement and dfcs, as a whole. This training assists clinicians with that process.

Destiny Huff, LPC, CPCS, has worked in the field for over 10 years and started out working alongside the Juvenile Court and eventually the Children's Advocacy Center where she found a passion for working with children who have experienced trauma. Destiny is currently a TF-CBT Certified Trauma Therapist, Licensed Professional Counselor, and Certified Professional Counselor Supervisor.

Recovering from the Justice System Experience

Many people with mental and substance use disorders involved with the criminal justice system face many challenges threatening their recovery and increasing their probability of relapse and/or re-arrest. This workshop will address the positive impact of behavioral health professionals in their clients' recovery process.

Marcus Carter, LPC, MAC, CPCS, has been working as a behavioral health counselor in Georgia corrections and community supervision with women and men for over 30 years. He is an adjunct instructor at Carver College and a POST certified instructor for criminal justice professionals. He is a certified facilitator for GPSTC Crisis Intervention Team (CIT), Crisis Intervention Team for Youth (CIT-Y), and a Trauma Informed Care Trainer for Criminal Justice Professionals.

How to Market and Grow a Faith-Based Practice

Often clients are searching not only for a counselor with good clinical skills, but also one that offers a faith-based perspective. It is important that clients are able to find their ideal counselor. In this presentation, I will give helpful information on branding and marketing your practice to attract these clients. As well, I will talk about how to network with organizations, particularly churches, to help point religious clients in your direction. I will teach you how to start and grow a successful faith-based practice.

Whitney Owens, LPC, is the owner of Water's Edge Counseling in Savannah. She learned firsthand how to start and grow a practice, beginning solo and expanding to a group practice. Whitney has experience working in a variety of religious settings, including volunteering at her current church. Whitney is also a professional consultant through Practice of the Practice, where she specializes in helping clinicians build faith-based practices.

Therapeutic Gaming Applications

In this workshop, we will discuss the therapeutic application of role-playing games (RPGs) to empower clients to relate, communicate, and solve social problems to support growth and healing. The presentation will focus on the application of RPGs on autism spectrum disorder, ADHD, bipolar disorder, and other related diagnoses.

L. Michael Fields, LPC, is the proud father of a young man on the autism spectrum. Learning to join his son and play from a developmental perspective inspired him to pursue a career as a LPC. He is a firm believer in the power of stories to promote growth and healing and he wanted to share what he learned from his son with other families. When someone gets a diagnosis or has a disability, the traditional medical approach would have their story focus on deficits. He embraces a wellness model and employs a developmental framework (DIRFloortime®) along with cooperative and collaborative games to shift the narrative from

pathology to potential, providing the opportunity for people to see themselves as not just the authors, but the heroes of their own story. He has been in private practice in Atlanta, GA for over a decade.

A. Rebecca Lanier, APC, AMFT, enjoys working with individuals, families, and groups with varying needs and diagnoses, such as autism spectrum disorder, ADHD, bipolar disorder, and social anxiety. She values working with a person's support network and drawing from their strengths to aid them on a journey of empowerment and growth. She leads social skills, process, and therapeutic gaming groups at Inneractions Therapy Services in which she helps members create strong inner-thinking abilities and positive peer interactions.

Chronic Pain/Approaches to Pain Management And Complex Pain Recovery®

The workshop will help professionals in addressing issues surrounding chronic pain, whether it is a primary issue or an issue that keeps coming up in therapy. The workshop begins with an introduction to the history and evolution of pain management, explains the difference between acute and chronic pain and how pain is currently diagnosed, measured, and typically treated by the medical community. Detailed exploration of the Biomedical "Curative" Model and the Biopsychosocial Model will be addressed.

Anastasia D Bean, LPC, NCC, is the Founder and Clinical Director of Connections Behavioral Health and Complex Pain Recovery®. She has developed an expertise in chronic pain through her collaborative work with pain management specialists. Inspired to better serve the chronic pain community she has developed the program Complex Pain Recovery®, which provides support groups as well as consultation for clients and continuing education workshops for professionals.

Thursday, May 7, 2020 Afternoon

Foundations of Supervision: Developing a Framework for Supervision **CPCS Track / S (Foundations)**

This workshop will educate Clinical Supervisors on the basic foundations of Counselor Supervision. The presenter will teach what to do and how to do it so Certified Professional Counselor Supervisors will have a framework for doing effective clinical supervision. During this workshop, the presenter will provide an overview on how to engage with supervisees to create a trusting relationship and follow through to assessment,

goal setting, intervention and evaluation of the supervisee.

Patrice Alexander, LPC, CPCS, MAC, now serving as the Clinical Director for MARR, has 20 years of clinical experience providing individual, couples, and family counseling to individuals with varying mental health and substance use disorders. She has worked as an Assessment Counselor at Anchor Hospital, Adolescent Therapist for McIntosh Trail Community Service Board, a Mobile Assessment Counselor and Outpatient Therapist for Anchor Hospital, Assessment Department Supervisor at MARR, as Family Counselor for MARR Men's Recovery Center program in Doraville for 6 years and as the Clinical Coordinator for MARR's Family Recovery Center for 2 years.

Understanding Medication Assisted Treatment for Mental Health Professionals

Counselors see many clients who have a co-occurring substance use disorders but we don't always know what to do. Most of us have been impacted by addiction through work, families and friends, and our community. There will be an interactive discussion to understand what addiction is and the impact it has in the person's life. We will define in easily understandable ways what medication assisted treatment is and why it is used in opioid addiction as well as for the treatment of several other disorders. Treatment modalities will be introduced to enhance the therapeutic process and improve the overall outcome.

Dawn Allred, LPC, MAC, has worked 29 years in community mental health. She has specialized in working with people living with co-occurring disorders as well complex issues such as homelessness, severe poverty, legal problems, and poor health. She provides professional trainings on co-occurring disorders, recovery oriented systems of care, understanding addiction and recovery, MH/SA assessment and treatment planning, and suicide assessment and intervention.

What To Do and Not Do - Effective Counseling For Couples

Effective counseling for couples requires much more than solving issues that causes relationship stress. Effective counseling requires the identification of complex factors influencing cognitive mindset as well as identifying the deeper needs and purpose behind presenting issues. An effective treatment approach must be customized to help each unique couple identify their recipe for relationship satisfaction. Treating the whole couple is an effective approach that utilizes strategies

identified in years of research along with a CBT and REBT foundation to increase relationship satisfaction. The combination results in a customized recipe for relationship enhancement, restoration, and healing.

Shannon Barnes; PhD, LPC, CPCS has owned Tranquility Counseling Services in Woodstock for over five years. Effective counseling for couples is a strong factor in her success. Early in her career, she recognized that regardless of presenting issues, relationship satisfaction was typically a strong component of individual treatment. She compiles information from current literature, as well as her experience, to present an effective treatment approach for counseling couples successfully.

Counseling Competencies of LGBT Minorities "Coming Out" to Their Families

The purpose of this program is to explore the experience of LGBT minorities coming out to their families and how to become culturally competent while counseling a client who has experienced this phenomenon. While there have been many quantitative studies of statistics related to LGBT communities, we wanted to gain the kind of in-depth knowledge of LGBT minorities and their experience of disclosing their sexuality to their families. The data and results will aid in developing a unifying systemic model that will focus on the family processes and structures to promote and support daily functioning in a way that helps the counseling field embrace the diversity of family forms for future qualitative research.

Ashley Williams-Whitley, MA, Doctoral Student, received her Master of Arts degree in Community Counseling from Clark Atlanta University. She is currently a doctoral student at Mercer University in Counselor Education and Supervision. An advocate for LGBT issues, social justice, women's rights, and domestic affairs, she is the CEO of The PhDiv, a non-profit initiative to raise awareness for minorities suffering from mental health disorders.

Treating the Professional Black Superwoman Syndrome

This presentation is an interactive, energetic lecture about the history and the consequences associated with African American women who identify with the Black superwoman syndrome. The session will provide history and more in-depth perspective of many African American women's beliefs related to caregiving, self-image and their role in the black family and community.

The session will also provide clinical recommendations on how to treat African American women who identify with the Black Superwoman experience.

Stacy Elizabeth Franklin, LPC is a registered domestic mediator, who is Founder and CEO of Access Counseling Coaching and Consulting in Peachtree City. She combines her experience and platform as a former corporate executive with clinician to bring affordable and accessible mental health services to individuals, couples and families who are experiencing mental health challenges and life stressors.

How to Use Free Online Assessment Measures for Mental Health Evaluations

Counselors are often looking for evidence-based strategies for aiding them in assessment, evaluation, and diagnosis without breaking the bank. This workshop provides an overview of several free measures that counselors can use both for initial assessment and to track client progress.

Aaron Norton, LMHC, LMFT, CCMHC, MAC, DCMHS, CFMHE, is serving as Executive Director of the National Board of Forensic Evaluators, Adjunct Instructor at the University of South Florida, Southern Regional Director for the American Mental Health Counselors Association, and President of the Florida Mental Health Counselors Association. He has more than 15 years of clinical experience at Integrity Counseling, Inc., was awarded Mental Health Counselor of the Year by the American Mental Health Counselors Association and Counselor Educator of the Year by the Florida Mental Health Counselors Association in 2016, and has been published in several academic journals and professional magazines in counselor education.

Safety Planning with Clients At-Risk for Suicide

A safety plan IS NOT a "NO SUICIDE CONTRACT" which is not recommended by experts in the field of suicide prevention. As they are generally used, no-suicide contracts ask patients to promise to stay alive WITHOUT telling them HOW TO STAY ALIVE. The end results of the workshop will assist participants in moving their clients to safety, stability and connections with resources.

Kathy D. Robinson, PhD, LPC, NCC, CPCS, is an Associate Professor in the Counseling Department at Mercer University. She holds a Georgia School Counselor certificate for grades P-12. In addition to teaching, Dr. Robinson is a practicing mental health clinician in the Atlanta area with more than 12 years of experience working with adolescents and adults in

resolving a range of developmental, behavioral, social, crisis, and educational challenges. She is also a National Master Trainer for QPR Gatekeeper Instruction. She is an active member of the Licensed Professional Counseling Association of Georgia.

Facilitating Counselor Development: Using Innovative Supervisory Techniques **CPCS Track / S (Methods)**

While counselor supervision occurs in various formats, it is through the use of traditional supervision methods that the counseling supervisee is able to identify areas of strengths and/or improvements, as well as the process in which their session take place. This session will provide the participants with an overview of all supervision methods and techniques as well as explore the advantages and disadvantages of their utilization.

Eric Groh, LPC, CPCS, ACS, ICGC II, is owner of Ethics Demystified LLC. He incorporates his depth of experience to train others in the art and science of psychotherapy. As a former Governor appointee to the Composite Board, Eric is known for his eagerness to share licensing processes and helping LPC, SW, and MFT guard against threats to their practice licenses. He is the founder of the state chapter, Georgia Council on Problem Gambling, Inc.

Friday, May 8, 2020 Morning

Supervision Through the Ethical and Multicultural Lens **CPCS Track / S (Legal/Ethical/Specialized)**

Through lecture, discussions, and group activities, this presentation will provide participants the fundamental knowledge necessary to provide competent and ethical practices for multicultural competent supervision. The presenter will review various models and frameworks for understanding multicultural supervision, discuss ethical dilemmas in supervision, highlight challenges as well as recommendations related to ethical multicultural supervision competence. This workshop is designed to facilitate participants' awareness of their own cultural background and expand participants' multicultural and social justice competence by examining how culture affects the supervisory process and how culture influences the interpretation and application of the Multicultural and Social Justice Counseling Competencies and ethical practice.

Catherine Y. Chang, (Catharina) PhD, LPC, NCC, CPCS, is a Professor in the Department of Counseling and Psychological Services at Georgia State University.

She has taught clinical supervision to doctoral students and has supervised Masters' and doctoral level counseling students for over 20 years. She has conducted over 100 presentations, workshops, and keynote addresses and has authored/co-authored more than 80 publications including one book.

The Importance of Crisis Intervention Training in Supervision **CPCS Track / S (Specialized)**

Counselors require continuous supervision and training to deliver effective crisis techniques. Learn how to provide effective supervision that can prevent counselors from the hazardous effects of working with suicidal clients. How do we empower our supervisees to feel confident in a crisis situation while maintaining protection against burnout? Attend this workshop to find out!

Kelly J. Veal, PhD, LPC, CAADC, NCC, CPCS, is the Program Coordinator for the Clinical Mental Health Counseling program at LaGrange College. She is the CEO/Owner of Veal Group, LLC, a private counseling practice that specializes in EMDR therapy. She is a passionate advocate for multiple causes including trauma-responsive care, social justice issues, suicide prevention, and mental health awareness. She has extensive experience working with trauma, dissociation, substance abuse, and a wide array of other issues with all ages.

CBCT (Cognitively-Based Compassion Training) Introduction

Compassion is better known as resilience training. It is an integrative and quite complex mind and body state that prepares us to lean into our own or other's suffering with a profound desire to alleviate that suffering. This requires a deep ability to hold on to ourselves so we don't get swept away in the current of suffering. CBCT® is a toolbox of research-based, analytical meditation practices that help to nurture inner thoughts and emotions, and maintain self-control, helping one properly manage personal and occupational stress, overwhelm and prevent burn-out.

Jennifer Finch, LPC, NBCC, CBCT®, in addition to her private practice in 2013, she became the founding director of Be Here Now Mindfulness, LLC. She passionately researches and teaches on the neuroscience and physiology of compassion and resiliency, and understands these complex integrative states of mind and body to have unique healing properties. She recently completed her certification to teach CBCT® Compassion Training to clients and other practitioners

from the Center for Contemplative Sciences and Compassion Based Ethics at Emory University. She is also a level I practitioner of Dr. Peter Levine's Somatic Experiencing™ 3-year advanced training in trauma.

Saving an Icon: A Holistic and Eclectic Approach to Psychotherapy

This interactive workshop is geared towards new counselors and those who want to renovate themselves as counselors. Participants will examine the life and tragic death of Amy Winehouse. It will focus on how using combinations of theoretical orientations can be applied creatively using a case conceptualization, which is effective in supervision. Participants will develop a biopsychosocial prevention and intervention plan based on the identified factors and diagnosis.

Tamara Brown Payne, PhD, LPC, NCC, CRC, ACS, has been a holistic and eclectic therapist and a life coach/strategist for over 13 years. She is an innovative facilitator for personal and professional development contracting through her company, BrownPayne Innovations. Dr. Payne is an Associate Professor teaching Counseling and Psychology and the Director of the Center for Teaching and Learning at Fort Valley State University. She is a published author and researcher on sexual exploitation, quality of life, youth in poverty, and microaggression with other research interests in alternative health and nutrition, disabilities, lifespan development, and counseling.

Ethics and the Aging Therapist: Paying it Forward with "Geezer Power"

This workshop addresses issues related to the impact of aging on the management and conduct of a clinical therapy practice. This includes considering what clients we take on, the days and hours we work, the issues and disorders we agree to treat, how we pass on what we learn, and more. So, come and discuss these and other challenges . . . if you think you're old enough!

Don Durkee, EdS, LPC, CPCS, NCC, has over 40 years of counseling, consulting, and executive coaching experience. He is also a former President of LPCA, and he holds the designation of CPCS #0018. Don has spoken on clinical topics at conferences in Boston, Chicago, Philadelphia, Washington, and Georgia, and currently conducts advanced educational workshops and consultation groups for practicing clinicians. In addition, Don is a voting member of The Authors Guild and Mystery Writers of America. He also publishes a blog, "From the Shrink in the Cheap Seats," at www.dondurkeelpc.com.

Therapists as Interventionists: Training Parents to Manage Problem Behavior

The purpose of this presentation is to equip mental health therapists with skills in conducting parent training in behavior modification. The session will include a discussion of the components of effective parent training programs. Evaluation of participants and facilitators from parent training groups conducted by the presenters will be incorporated. This presentation is ideal for early career professionals and those who have interest in facilitating behavior modification groups with parents.

Arcella J. Trimble, PhD, LPC, CPCS, obtained her PhD in Psychology with an emphasis in School Psychology from The University of Southern Mississippi. During her tenure at the Johns Hopkins University School of Medicine/Kennedy Krieger Institute, she specialized in parent training and marriage and family therapy. She has worked as an assistant professor and contributing faculty member at several colleges and universities. She is currently focused on the development of master therapists through uniquely crafted supervision experiences for beginning and experienced clinicians.

Jillian Samms, PhD, LPC, combining Psychology and Education, Jillian pursued a Master's degree in School Psychology at Georgia State University. She is an advocate for those with special needs and has an interest in improving inclusive school environments, school-based interventions and using the creative arts in wellness. She completed her doctoral degree in Clinical Psychology at Walden University. She has a passion for working with children, adolescents, and families and facilitating wellness in these populations.

Rethinking Sexual Addiction: Is It For Real?

Clients present quite often with sexual behaviors that are problematic for them, their families, or society. The concept of sexual addiction gained notoriety over the last 40 years. The recent failed attempts to get sexual addiction into the DSM brought many problems to light. Researchers have worked over the last 10 years to address the issues related to problematic sexual behaviors. The recent acceptance of compulsive sexual behavior disorder into the ICD makes this topic even more relevant. This workshop will address theoretical perspectives on treating sexual behaviors in clients who experience significant distress.

Richard Blankenship, LPC, NCC, CPCS, CBTS, CSRRS is the clinical director for Capstone Counseling and Coaching and Capstone Center for Sexual Recovery

& Transformation; a program for men, women, spouses/partners, couples, and services for children & adolescents. He is currently on the board for the Society for the Advancement of Sexual Health (SASH), where he chairs the Advanced Topics in Problematic Sexual Behavior committee. He is a founding board member of the Association for Partners of Sex Addicts Trauma Specialists (APSATS) where he served for over 4 years. He is a frequent guest on Atlanta area radio and television programs dealing with problematic sexual behavior, betrayal trauma, and sexual trauma. He has authored or co-authored 5 books.

Play Therapy and the Grieving Child

The presenter will discuss the therapist's roles and responsibilities while working with the grieving child. The focus will be on creative and engaging play therapy techniques for use in assessment and treatment. The purpose is to provide attendees an opportunity to learn information and skills regarding psychotherapy with the grieving child. The advantages of using play therapy will be presented via case studies. This workshop includes videos, handouts, experiential group activities, and research findings.

Trudy Post Sprunk LMFT, LPC, CPCS, RPT&S, SE trained, CPT&S, EMDR certified, and AAMFT approved supervisor. Since 1993, she has provided supervision and consultation. Trudy has presented at national and international conferences for over 40 years. Trudy has been a psychotherapist since 1971. She has presented over 700 lectures and written numerous articles. In 2014, she received the National Award for Promotion and Education of Play Therapy by APT. She is co-founder and President of GAPT.

The Healthy Clinician: Addressing Life Events While Helping Others Heal

It is oftentimes difficult for practitioners/clinicians to view inevitable life events with "best practices" as the perspective. Life events are events that impact all persons regardless of profession. How does the clinician maintain helping others while impacted by one's life event? This interactive workshop will provide attendees an brief overview of the Holmes-Rahe Life Stress Scale and tools on how to improve wellness while balancing personal "stressful" life events.

Aprile Whitfield, LPC, CPCS, is the author of "The Impaired Clinician: When Staff Raise Workplace Risk" in the leading corrections magazine "CorrectCare" (2018). Ms. Whitfield works within the Corrections (Juvenile & Adult) industry. She has experience in forensic community mental health.

Neurobiology of Emotional Pain

This workshop explores the neurobiology of emotional pain pathways and how chronic pain informs our holistic health status. We will consider the role of trauma and epigenetic encoding in relation to emotional pain by reviewing polyvagal theory, data from the ACES study, and how clients ascribe meaning to personal suffering. Learn ways that mental health providers may facilitate holistic client care in conjunction with the medical community with regard to chronic pain and associated emotional characteristics.

Joy F. Welcker, PhD, LPC, OMC, has worked in a mental health private practice setting since 2003. She earned a specialist degree in school psychology in 2003, followed by doctoral degree in clinical psychology with a subspecialty in neuropsychological assessment in 2013. During her postdoctoral studies, she worked in a private practice setting specializing in developmental trauma and brain-based assessments and techniques. In 2017, she opened Brighter Brains Integrative Health in Statesboro, GA where she sees clients of all ages across the lifespan. Her specialties include brain-based interventions, diagnostic assessment, and holistic client care.

Bring Your Own Lunch Session: Credentialing and Billing

Jill Leslie, Owner, Piece of Mind Billing, LLC, has been in business since 2006, collaborating with partners in Healthcare Billing, Marketing, Administrative Management, and Mental Health Staffing/Billing.

Friday, May 8, 2020 Afternoon

Supervision Documents and Forms CPCS Track / S (Legal/Ethical/Foundations)

This supervision session will provide a review and discuss in detail the necessary forms that a CPCS-credentialed supervisor will need to have knowledge of and the ability to complete and maintain throughout the supervisory role. Participants will be encouraged to explore and demonstrate the need for proper documentation to meet regulations to enhance the supervisory experience and strengthen the supervisees professional competence.

David Markwell PhD, LPC, NCC, ACS, CPCS, CART, EAS-C, Clinical Supervision Chair is a licensed and board certified Professional Counselor and clinical

supervisor in Georgia and Alabama. He has offices in Marietta GA and McCaysville GA. He is a Mental health consultant for Fetch Your News, the online news show serving North Georgia, a periodic guest on the Atlanta morning radio show "Bailey and Southside" (Rock 100.5), and was awarded the 2017 George C. Podein Counselor of the Year by the LPCA of Georgia.

Trauma, Addiction, & Motivational Interviewing

Trauma, Addiction, & Motivational Interviewing will introduce participants to the seminal Adverse Childhood Experiences (ACE) study, the revised ACE survey, and motivational interviewing skills. Participants will learn the connection between ACE and future drug abuse and addiction. Participants will also discover their ACE score by taking the revised ACE survey. Participants will synthesize and apply motivational interviewing skills with clients who struggle with ACE, drug abuse, and addiction.

Chalice C. Rhodes, PhD, LPC, (formerly Jenkins) is an Assistant Clinical Professor of Counseling and Family Therapy and the Program Director of the Bachelor of Science in Behavioral Health Counseling program at Drexel University in Philadelphia, PA. Teaching in the higher education for over 11 years, she currently teaches counseling and substance abuse classes at both the undergraduate and graduate level. Dr. Rhodes has been licensed as a LPC and NCC since 2008.

Assessment and Understanding Risk Factors

For many professionals, assessment, especially crisis assessment, can seem overwhelming and to be honest a bit scary at times. When we think of crisis we immediately think suicidal and homicidal. However there are many types of crisis our clients face. This presentation will discuss ways to accurately assess and identify risk factors so we can develop an effective treatment plan to assist our clients. When we assist our clients with developing a path toward recovery with a clear direction and action steps; then we begin to empower the client to reduce crisis and risk factors, and affect change.

Dawn Allred, LPC, MAC, has worked 29 years in community mental health. She has specialized in working with people living with co-occurring disorders as well complex issues such as homelessness, severe poverty, legal problems, and poor health. Dawn provides professional trainings on co-occurring disorders, recovery oriented systems of care, understanding addiction and recovery, MH/SA assessment and treatment planning, and suicide

assessment and intervention. Dawn is living in long term recovery with a passion for helping others with their recovery process. Dawn is dedicated to bringing a holistic approach to recovery.

Advancing Your Clinical Cultural Interventions: What Do We Need to Know When Intervening Across Cultures

The complexity of identity within groups, subcategories of larger communities, multi ethnic identity, trends in local specific migration patterns and variation call for developing cultural sensitivity as a mental health clinician. Engaging identities, transferences and counter transferences must be examined and the clinician must be mindful of them. The need for knowing how other cultures use alternative ways of healing by seeking help from traditional practitioners and natural healers is also crucial when working with cultures different than ours. Culture base positive psychology and resilience strategies as well as historical and transgenerational trauma will also be addressed.

Dr. Jose F. Vasquez, PsyD, PhD, LMHC, LPC, CPCS, has been a mental health practitioner for the last 28 years. Dr. Vasquez is a private practitioner in Augusta. He has also practiced in the state of Washington for more than 22 years. In addition, Dr. Vasquez is a Clinical Hypnotherapist and fellow of the National Board for Certified Clinical Hypnotherapists, a minority Mental Health Specialist, Child, Adolescent, and Geriatric specialist. Dr. Vasquez holds a Master degree in Marriage, Family and Child Therapy, a Doctorate Degree in Human Services/ Psychology, and a Doctorate Degree in Psychology.

Dr. Sara Franco-Vasquez, PsyD, NTP, earned a master degree in Marriage, Child, and Family Therapy from the Phillip Graduate University in Chatsworth, California. She graduated from the National University of Mexico City (UNAM) in Clinical Psychology, and holds a Doctorate degree in Psychology from the California Southern University in Santa Ana, California. She is a Minority Mental Health Specialist and a Child, Adolescent, and Geriatrics Specialist. She is also a Nutritional Therapist dedicated to making connections between brain and body through proper nutritional protocols.

The Years of Living Dangerously: Exploring Early Attachment Experiences

This workshop explores early childhood experiences, including trauma, and their impact on the development of attachment systems. The presenter will discuss attachment across the lifespan including recent research

regarding the neurobiology of attachment. Experiential exercises will assist participants in identifying their own attachment style and identifying the attachment style of their client. Appropriate for anyone interested in learning about integrating attachment theory in their work with clients.

Mary Gay, PhD, LPC, CPCS, in clinical practice since 1995, is the co-founder of the Southeastern Counselor Training Institute (SCTI) launched in September, 2019. She works with individuals of all ages and specializes in clients who have experienced developmental trauma and attachment difficulties across the lifespan, personality disorders, and addiction. In addition, Dr. Gay taught graduate students for 12 years in a Clinical Mental Health Program, where she practiced incorporating innovative and creative techniques in teaching a wide variety of topics.

Private Practice 101: Legally and Ethically Start a Private Practice

This session will take clinicians through all the necessary steps to legally and ethically start a private practice. Attendees will have all of their questions answered about the ins and outs of starting a business in Georgia. Attendees will also learn about paying quarterly taxes and saving for business expenses. The purpose is to teach attendees how to start a private therapy practice legally in Georgia. The program will go over how to reserve a business name, get a business license, start an LLC, open a business banking account, get liability insurance, get an EIN and NPI, set up a Google listing, and information about HIPAA compliant email and phone services. We will also go over the necessary paperwork to have before seeing your first client.

Anne Rice, LPC, owns a private therapy practice, Firefly Wellness Counseling, in Avondale Estates. She received her undergraduate degree in Psychology from Princeton University and her Masters in Counseling from Boston College. She is also the owner of Blue House Wellness, a coworking space for therapists and community of mental health professionals that offers workshops and fully furnished offices to help therapists launch private practices.

Addressing Codependency in Substance Abuse Treatment

During this workshop, we will provide an overview of Codependency and how it impacts relationships during substance abuse. We will examine how negative childhood experiences create problems with self-esteem, boundaries, intimacy, dependence, and maturity. We

will teach how these unresolved problems lead to dysfunctional survival traits that lead to the core symptoms of Codependence. Participants will learn tools to assist clients in recovering from codependence and substance abuse develop secure attachment in relationships.

Patrice Alexander, LPC, CPCS, MAC, now serving as the Clinical Director for MARR, has 20 years of clinical experience providing individual, couples, and family counseling to individuals with varying mental health and substance use disorders. She has worked as an Assessment Counselor at Anchor Hospital, Adolescent Therapist for McIntosh Trail Community Service Board, a Mobile Assessment Counselor and Outpatient Therapist for Anchor Hospital, Assessment Department Supervisor at MARR, as Family Counselor for MARR Men's Recovery Center program in Doraville for 6 years and as the Clinical Coordinator for MARR's Family Recovery Center for 2 years.

Millicent Parker, MDiv, LPC, has over a decade of pastoral care and counseling experience and eight years of clinical experience working with individuals, couples and families in various mental health and substance abuse capacities. Her background includes working in hospice, church, hospital and mental health settings. She has worked as an Assessment Counselor in MARR's Admissions Department for a year and as a Family Counselor at MARR's Men Recovery Center in Doraville, GA for four years, and as the Lead Family Counselor for MARR's Family Recovery Center for a year and a half. She currently serves as the Family Program Coordinator of MARR's Family Recovery Center.

Saturday, May 9, 2020 Morning

Growing Clinicians: The Stages of Clinical Supervision

CPCS Track / S (Methods)

In this workshop, supervisors will be trained on the various stages of supervision, the risks and benefits of supervision, and the ethical issues related to supervision. Informed consent for supervision, evaluation of supervisees, and navigating licensing for supervisees will be discussed. Participants will interact with the presenter and other attendees.

Gregory K. Moffatt, PhD, LPC, CPCS, Dean of the College of Social and Behavioral Sciences, Point University, is also a Professor of Counseling Psychology at Point University, a clinician in private

practice, and a specialist in childhood trauma in private clinical practice. With 30 years experience, he is the author of many books and articles and a regular column for Counseling Today - "Voice of Experience." He has been a supervisor for more than 25 years of both interns and post-masters licensing clinicians.

Family Divorce 101-A Clinical Education on Divorce

Family Divorce 101-A Clinical Education on Divorce Counselors are in a unique position to help divorcing clients preserve their family's financial & relational future. Learn how to solidify your counselor/client relationship and become a sustaining long-term resource to them. You will learn new information about divorce reform occurring in GA that positively impacts families to reduce financial/relational trauma formerly associated with the divorce process and how this reform impacts YOU as a Clinician.

Kelley Linn, Georgia Civil Mediator, is the CEO of Transitions Resource Divorce Mediation Centers. With a BS in Journalism, she created Transitions Resource, LLC (2010), a Divorce Family Advocacy to reduce the financial/emotional impact of divorce. She has published 5 divorce books including "Family Divorce Therapy 101-A Clinicians Guide to Best Practices in Treating Families Pre/During/Post Divorce."

Jo Abney, LPC, CAADC, MAT, CPCS, is the Clinical Director at The Carter Treatment Center in Cumming, where she also maintains a private practice providing individual, couples and family counseling. Her experience includes facilitating intensive outpatient treatment programs and aftercare recovery groups, establishing a peer-support SMART recovery program, working with drug and DUI accountability court programs, and facilitating anger management as well as family violence intervention groups. She is a past-President of LPCA-GA (2013-2014).

Ethics in Supervision: Principles, Rules, Conflicts, and Boundaries

CPCS Recertification Track / S (Ethics)

"Rules should govern our principles, but never shackle them, for when procedure impedes purpose, we lose sight of love." In a world that is, perhaps necessarily, governed by rules, we risk losing site of the principles from which the rules emerged. This workshop will explore the difficult work that takes place at the intersection of rules, principles, ethics, and relationships, with a particular focus on the complexities of these factors.

Larry Schor, PhD, LPC, CPCS, has been a member of LPCA since the 1980s, is a Professor of Psychology at the University of West Georgia and has a small private practice in Carrollton. He has been an American Red Cross Disaster Mental Health counselor/supervisor for more than twenty years. He is responsible for www.georgiadisaster.info which is the official DMH website for Georgia. His professional interests include suffering, healing, and groupwork. He has been honored by LPCA as Counselor of the Year (2004) and Counselor Educator of the Year (2019).

Let's Talk About Suicide

Given that sport-participation requires high levels of risk-taking, loss of fear, and perpetual building of tolerance and pain threshold, there are many factors to consider when working with athletes demonstrating additional risk factors for suicidality. Discussion will involve the effects of psychopharmacologic interventions on motor behaviors within the context of sport-performance will foster attendees' understanding of the complexities surrounding client well-being in the pursuit of elite performance. The Interpersonal-Psychological Theory of Suicide (IPT) is the guiding framework used when understanding why people engage in suicidal behaviors (Van Orden, Witte, Cukrowicz, Braithwaite, Selby & Joiner, 2010).

Angel Brutus, PsyD, LPC, CRC, BC-TMH, CCH, is a member of Mississippi State University's Sports Medicine and Performance team serving as Director of Counseling and Sport Psychology. There, she provides clinical and performance enhancement services to address MSU's sports culture. She serves in this role after managing a private practice based in Atlanta, Georgia where she provided clinical and sport performance services to individuals, teams and organizations. Her training includes Licensed Professional Counseling, Certified Rehabilitation Counseling and Sport-Performance Psychology.

CHARIS: A Forgiveness Process Embracing Spirituality and Psychotherapy

Forgiveness is often a challenge for many, particularly those who have a spiritual background where forgiveness is essential. And quite honestly, many clients may feel, forgiveness is not fair. This interactive workshop will address barriers to forgiveness and offer an intrapersonal process to forgiveness that embraces both perspectives of psychology and spirituality. The workshop will also encourage the professional counselor to examine their own intersection of practice and faith.

Jaye Lynn Peabody Smith, MPA, MDIV, LPC, CPCS, is a counselor, professor, speaker and author. She is President/CEO of her counseling practice The Peabody Practice, LLC. She is currently pursuing a Doctor of Ministry in Pastoral Counseling at Mercer University. Jaye is passionate about abiding with people on their journey to emotional wholeness. Her latest book “Heels, Hearts, & Halos: Lessons on My Journey” was released in June 2019.

Play Therapy with the Transgender Child

The presenter will discuss the therapist’s and family’s roles and responsibilities. The focus will be on creative and engaging experiential play therapy techniques for use in assessment and treatment. The purpose is to provide attendees an opportunity to learn information and skills regarding psychotherapy with the transgender gender child and their family. The advantages of using Play Therapy will be presented via case studies.

Trudy Post Sprunk LMFT, LPC, CPCS, RPT&S, SE trained, CPT&S, EMDR certified, and AAMFT approved supervisor. Since 1993, she has provided supervision and consultation. Trudy has presented at national and international conferences for over 40 years. Trudy has been a psychotherapist since 1971. She has presented over 700 lectures and written numerous articles. In 2014, she received the National Award for Promotion and Education of Play Therapy by APT. She is co-founder and President of GAPT.

Clinical Counseling Practice and Ethical Implications: Case Scenarios

Join us for an interactive review of ethical dilemmas and implications for clinical counseling practice. Participants will address a variety of ethical issues and ethical decision making processes to enhance their counseling practice skills.

Joanna Goulding, LAPC, NCC, works as a bilingual Psychotherapist (Spanish) in the Dunwoody area. She is also the co-director of the non-profit organization Alive and Well, designed to provide counseling services to the undeserved in the Atlanta area. Joanna currently serves as the Atlanta District Rep on the LPCA Board of Directors.