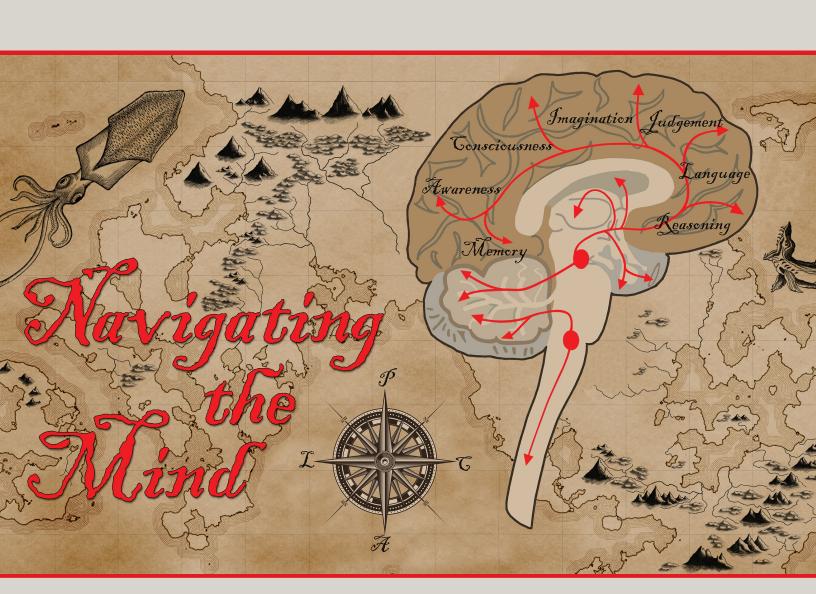
# LPCA 32<sup>nd</sup> Annual Convention & Regional Conference

May 5-9, 2020

Atlanta Marriott Northeast/Emory Area Atlanta, Georgia







Welcome from the 2020 Convention Committee and President-Elect Tim Robinson, LPC, CPCS, CAS-F

# We are honored to host our attendees, sponsors, exhibitors, and volunteers at the LPCA 32<sup>nd</sup> Annual Convention and Regional Conference!

I would like to welcome all of you to the capital city for the 32<sup>nd</sup> Convention and Regional Conference. There will be a networking event for your district. All attendees can meet your local representative and peers. This is your opportunity to create the agenda that is important to you. You can find your district under the *Find my District* tab on the website. One of my goals is getting more LAPCs involved in our organization. This can be brought to fruition by establishing Student Affiliate Organizations at local universities. Please help with this if you have contacts at schools in your area.

Our website has much to offer. It is ranks as one of the richest ones that I have seen, especially when compared to those of other states. Thanks to those of you who completed the survey we recently conducted. Of those polled, 67% still need CEs, so this event is timely and benefits you. Roughly, only 20% of those giving feedback prefer online workshops, which was surprising to me. Overall, 60% would like some online, which again shows how important live events are. We also used your responses to bring the workshops that were requested.

When asked how much you value Medicare and Medicaid reimbursement to gain parity with other mental health professionals, the overwhelming answer was extremely valuable. LPCA of GA is working to make this a reality for you. Your contributions are essential to make this a reality. Everyone is invited to attend the Board meetings.

My involvement began when I attended one to find out what was offered and what my dues were providing. An active participant I would become. This required that I drive two and a half hours from Augusta to Atlanta. It was not a burden because the Board meets only four times per year. I encourage you to overcome any barriers so that you too can become involved. I thank you for taking the time to participate at this event. You are what makes our endeavors a success and so rewarding. My thanks to all.

I chose the title *Navigating the Mind* for this event. This is because our work is aimed at the mind of our clients and less so at their brains. This approach is

common to all types of therapy, although we may not think so at first glance. The schools have this in common from approaches as diverse as Cognitive therapy, Dialectical Behavior therapy to Rogerian therapy as well as many others.

What does it mean to have a mind? For instance, do slugs have minds? Most would argue that only higher order species such as cats and dogs do. While other animals lack self-awareness, as far as we know, they do have minds. It seems to be an arbitrary conclusion to decide which species have intelligence. How do we compare to these other "kinds of minds"?

I will paraphrase Robert Sapolsky¹. Vampire bats have the capacity for reciprocity. If one mother shares her food with the offspring of another, that one is more likely to feed any leftover blood to the progeny of the first one. Apes and monkeys are our closest living ancestors. They share surprising facilities that we normally think that we are the sole possessors of.

Chimps use tools and pass this knowledge to their offspring; this is culture. Baboons have the sense of empathy. If an inferior male is randomly attacked by a higher ranking one, it will be comforted by others. However, if they bring this on themselves by recklessly baiting a dominant, they will be ignored. Chimps can lie; if a lower ranking one knows that they can see a fruit that a higher ranking one cannot, then they go for it. If it's seen by both, the weaker one won't approach it.

Apes and monkeys will kill for sport and for political reasons. Troops patrol their area and will drive off competitors, as well as attack and kill the members of the camps of those nearby. They are capable of communication by using both vocalizations and body language. Apes, monkeys and other animals have good memories. These and other examples demonstrate that these other animals share aspects of the mind with us. We are different and think of consciousness and reason as attributes that set us apart. I hope that you will ponder on these examples as you learn to work with the self-awareness of the people whom you treat.

Sapolsky, R. Are Humans Just Another Primate? Youtube https://www.youtube.com/watch?v=YWZAL64E0DI&t=2336s

## LPCA Convention Special Events for You!

Breakfast and break snacks are included in convention registration. Lunch is on your own; several special food trucks are provided.

#### **Tuesday, May 5**

7:30 am-5:15 pm

Forensic Mental Health Evaluation

**Certification Training** 

In-person or online via Live Webinar,

#### Wednesday, May 6 - Friday, May 9

#### **Supervision CPCS Track**

In order to be certified at the end of the Conference, pre-file your CPCS application and personal references. Both are available at *www.LPCAGA.org* under the *Supervision Tab*.

#### **CPCS Recertification**

There are workshops every day for those who want to recertify. You may attend any CPCS track or advanced track presentation for the CPCS.

#### Wednesday, May 6

8:30am-9:30am

Nancy Reeves Presidential Forum,

Awards, Business Meeting, Government Update

8:45am-4:15pm

Advanced Practice: TeleMental Health

Featured presenters: Keny Felix, PhD, LPC, CPCS, NCC

and Dr. Sonja Sutherland, LPC, ACS, BC-TMH.

#### Wednesday Evening, May 6

 $5:00 \, pm - 6:00 \, pm$ 

#### **Poolside Networking Event**

Make meaningful business connections, and meet with your fellow attendees. Wine/beer included.

6:00 pm - 7:30 pm

#### Counseling Case Scenarios

CPCS workshop open to all.

#### Thursday, May 7

8:45am-4:15pm

#### Psychopharmacology 2020

Renowned presenter: Dr. Merrill Norton, PharmD, DPH, ICCDPD This unique all-day session is designed for the experienced clinician, includes the neuroscience of substance use.

#### Friday, May 8

12:15 pm -1:15 pm

#### Credentialing and Billing

Featured speaker: Jill Leslie, owner of Piece of Mind Billing Bring your lunch for this unique opportunity to learn about credentialing/provider enrollment and billing.

#### Saturday, May 9

12:00 pm - 12:30 pm

#### **CPCS Re-certification**

Those who have re-registered for the CPCS and have completed all the necessary requirements and forms will be presented the Certification. Please stay a few minutes for a special presentation to all CPCS recipients and group photo.



## **Continuing Education Approvals**



NBCC #6762

ABAGA.org

GSCW.org

Play Therapy Sessions: GAPT #12-216

-216 LPCA #8617-19C

#### Visit the Site Exhibitors and Interview/Research (Poster) Presenters:

You must have at least twelve signatures for Researchers/Exhibitors CE Form (R&E) for up to 0.5 CE (max). Form is available at registration desk. Complete the form and turn into the registration desk at lunch time for the CE certificate.

| Tuesday<br>Institute 7.0 CE             | ETHICS 1.0 or CORE 6.0                                  | Sessions AM 3.0 CE<br>CPCS PM 3.0 CE                    | CORE or ETHICS Supervision/Legal/ETHICS                |
|---|---|---|--|
| Wednesday Forum 1.0 CE                  | Forum and Business Meeting CORE                         | Sessions PM 3.0 CE<br>Sessions PM 1.5 CE                | CORE<br>Supervision/Methods CORE                       |
|   | TeleMental Health Rule 135-11                           | Friday<br>CPCS AM 1.5 CE                                | Supervision/Specialized ETHICS                         |
| CPCS PM 3.0 CE<br>Sessions AM 3.0 CE    | Supervision/Foundations CORE<br>CORE or ETHICS          | CPCS AM 1.5 CE<br>Sessions AM 3.0 CE                    | Supervision/Specialized CORE<br>ETHICS 3.0 or CORE 3.0 |
| CPCS PM 3.0 CE<br>Sessions PM 3.0 CE    |   | CPCS PM 3.0 CE<br>Sessions PM 3.0 CE                    | Supervision/Legal/ETHICS                               |
| Sessions PM 1.5 CE                      | · · -   | Saturday  |  |
| Thursday Advanced 6.0 CE CPCS AM 3.0 CE | Psychopharmacology CORE<br>Supervision/Foundations CORE | CPCS AM 3.0 CE<br>Sessions AM 3.0 CE<br>R&E form 0.5 CE | CORE or ETHICS   |
|   | <u>'</u>  |   |  |

#### CPCS Hours 24.0 (must attend everything marked CPCS)

- 24 CE hours of Supervisor training for the supervisor certification programs (CPCS or ACS) and license renewal.
- Must pre-file CPCS application and personal references in order to be certified at the end of the Conference.

CPCS Recertification 12.0 = 9.0 Core + 3.0 Ethics (must attend workshops marked CPCS to use for recertification)

Number of CEs needed to renew your LAPC and LPC license

35 Clock Hours = 5 ETHICS +15 CORE + 15 Related Hours. Any additional ETHICS hours can be applied to CORE. All the hours at the LPCA Convention may be used to renew LAPC, LPC, NCC, CPCS, LAMFT, LMFT, LCSW as CORE and if you attend Ethics workshops (pending GSCSW & GAMFT approval).

## LPCA 32<sup>nd</sup> Annual Convention & Regional Conference

C-Core E-Ethics/Legal/Foundations S-Supervision/Foundations/Methods T-Telemental

■ Preconvention Institute ■ CPCS Certification/Recertification Track\*

■ Advanced Practice Institute\*\* ■ Mental Health Track

\*Meets the requirement for on-site CPCS and CPCS Recertification \*\*Advanced Practice Workshops have been identified as such by the presenter(s)

#### Tuesday, May 5, 2020, Pre-Convention Intensive

| 7:30 AM – 8:15 AM |                 | Registration  |                                      |
|-------------------|-----------------|---|--------------------------------------|
| 8:15 AM – 5:15 PM | 7C ce/1E ce     | Forensic Mental Health Evaluation Certification Training Aaron Norton, LMHC, LMFT, CCMHC, MAC, DCMHS, CFMHE   | In-person or online via live webinar |
|                   | Wedn            | esday Morning, May 6, 2020, Convention  |                                      |
| 7:30 AM – 8:30 AM |                 | Breakfast and Networking – Exhibitors   | Foyer                                |
| 8:30 AM – 9:30 AM | 1Cce            | Business Meeting / Awards Nancy Reeves Presidential Forum Carolyn A. Ramp, EdS, LPC, CPCS, NCC, ACS   | Ballroom                             |
| 9:30 AM – 9:45 AM | <b>0.5 C</b> CE | Exhibitors, Convention Research   | Foyer                                |
| 8:45 AM - 4:15 PM | <b>7E</b> ce    | Advanced Practice Institute  Telemental Health  Keny Felix, PhD, LPC, CPCS, NCC  Dr. Sonja Sutherland, LPC, ACS, BC-TMH   | ?                                    |
| 9:45 AM – 1:00 PM | <b>3</b> \$ce   | CPCS Certification/Recertification  Clinical Supervision 101: Supervision Competencies  Megan V. Boyd, PhD, LPC, CPCS  Joshua Gebhardt, MA, Doctoral Student  | Room 1                               |
| 1st Session       | 1.5 C CE        | Trauma Informed Care in Working with Suicidal Adolescents Denise Houston, LPC   | Room 2                               |
| 2nd Session       | 1.5 C CE        | <b>Temperament, Personality and Oppositional Behavior</b> David Markwell PhD, LPC, NCC, ACS, CPCS   | Room 2                               |
| 1st Session       | 1.5 <b>C</b> ce | Advanced Practice Institute  Fun with Z-Codes: The Counselor's Guide to Diagnosing Non-Disorders  Aaron Norton, LMHC, LMFT, MAC, CCMHC, DCMHS, CFMHE  | Room 3                               |
| 2nd Session       | 1.5 <b>C</b> CE | Advanced Practice Institute  Counselors' Experiences in the Client Role in Counseling  Carrie L. Elder, LPC, ATR-BC, CPCS  Peeper McDonald, PhD, LPC, ACS, NCC  Researchers Elizabeth Norris and Danielle Dunkley | Room 3                               |
| 1st Session       | 1.5 C CE        | The Resilience of Women in Transition from Young to Middle Adulthood Sarah J. Littlebear, PhD, LPC  | Room 4                               |
| 2nd Session       | 1.5 C CE        | The Science Behind the Intervention: Implementing Evidence-Based Practice   | Room 4                               |

Dalora Najera, LPC, and Dina R. Smith, LPC

3Ece The Ethics of Boundaries in Clinical Practice

Rebecca Beaton, PhD, LPC, CPCS

Room 5

## Wednesday Afternoon, May 6, 2020, Convention

| 1:00 PM – 2:15 PM                      |                 | Lunch is on your own. Enjoy food trucks and Atlanta area eateries.  Meet up with Exhibitors.   |          |
|--|-----------------|--|----------|
| 2:15 PM – 5:30 PM                      | 3 <b>S/E</b> ce | CPCS Certification/Recertification  The Law and Board Rules in Clinical Counseling Supervision  Eric J. Rodgers, LAPC, BCC, NBCC   | Room 1   |
| 2:15 PM – 5:30 PM                      | 3 <b>C</b> CE   | Suicide Ideation: Assessment and Treatment Julia Harris, LPC, NCC  | Room 2   |
|  | 3 <b>C</b> CE   | Advanced Practice Institute  Practical Approaches to Working with Individuals with Severe Mental Illness  Laura B. Howell, PsyD, LPC, NCC                                | Room 3   |
|  | 3 <b>C</b> CE   | Dealing with Ambivalence to Change in Psychotherapy Linda Paulk Buchanan, MEd, PhD   | Room 4   |
| 1st Session                            | 1.5 C CE        | What Color is Your (Counseling) Parachute Thomas E. Andre, LPC   | Room 5   |
| 2nd Session                            | 1.5 C CE        | Mixed Orientation in Relationships: A Counselor's Guide Joshua Gebhardt, Doctoral Student  | Room 5   |
| 6:00 PM – 7:30 PM                      | 1.5 <b>S</b> CE | CPCS Certification/Recertification  Filling in the Gaps in Clinical Counseling Supervision  Eric J. Rodgers, LAPC, BCC, NBCC   | Room 1   |
| 5:00 PM – 6:00 PM                      |                 | Poolside Mixer   |          |
|  | Thu             | rsday Morning, May 7, 2020, Convention   |          |
| 7:30 AM - 8:30 AM<br>8:30 AM - 8:45 AM |                 | Networking, Continental Breakfast – Exhibitors<br>Break. Meet up with Exhibitors.  | Ballroom |
| 8:45 AM – 4:15 PM                      | <b>6C</b> CE    | Advanced Practice Institute  Psychopharmacology 2020  Merrill Norton, PharmD, DPH, ICCDPD  | ?        |
| 8:45 AM – 12:00 PM                     | 1.5 S CE        | CPCS Certification/Recertification  Help Me Help You: Diversity Issues in Supervision  Megan V. Boyd, PhD, LPC, CPCS and Salem Tennyson, NCC                             | Room 1   |
| 2nd Session                            | 1.5 <b>S</b> CE | CPCS Certification/Recertification  Ethical Considerations When Providing Feedback in Supervision  Paul H. Smith, PhD, LPC, NCC, ACS, and Mindie M. Blackshear, APC, NCC | Room 1   |
| 1st Session                            | 1.5 C CE        | Sex Therapy 101  Natalie A. N. Elliott, LPC, LMFT, CST, CPCS, CST-S  | Room 2   |
| 2nd Session                            | 1.5 C CE        | TF-CBT from a Children's Advocacy Center Standpoint Destiny Huff, LPC, CPCS  | Room 2   |
|  | 3 C CE          | Recovering from the Justice System Experience Marcus Carter, LPC, MAC, CPCS  | Room 3   |
| 1st Session                            | 1.5 C CE        | How to Market and Grow a Faith-Based Practice Whitney Owens, LPC   | Room 4   |
| 2nd Session                            | 1.5 C CE        | Therapeutic Gaming Applications L. Michael Fields, LPC, and A. Rebecca Lanier, APC, AMFT   | Room 4   |
|  | <b>3C</b> CE    | Chronic Pain/Approaches to Pain Management<br>and Complex Pain Recovery®<br>Anastasia D. Bean, LPC, NCC  | Room 5   |

## Thursday Afternoon, May 7, 2020, Convention

| 12:00 PM – 1:30 PM |                 | Lunch is on your own. Enjoy food trucks and Atlanta area eateries.  Meet up with Exhibitors.  |          |
|--------------------|-----------------|---|----------|
| 1:30 PM – 4:45 PM  | 3 <b>S</b> CE   | CPCS Certification/Recertification  Foundations of Supervision: Developing a Framework for Supervision  Patrice Alexander, LPC, CPCS, MAC                                     | Room 1   |
|                    | 3 <b>C</b> CE   | Understanding Medication Assisted Treatment for MH Professionals Dawn Allred, LPC, MAC, and Zachary Talbott, CADC II, MATs, RAS, CMA  | Room 2   |
|                    | 3 <b>C</b> CE   | Advanced Practice Institute  What to Do and Not Do—Effective Counseling for Couples  Shannon Barnes; PhD, LPC, CPCS   | Room 3   |
| 1:30 PM – 4:45 PM  | 1.5 C CE        | Counseling Competencies of LGBT Minorities "Coming Out" to Their Families Ashley Williams-Whitley, MA, Doctoral Student   | Room 4   |
| 2nd Session        | 1.5 C CE        | Professional Black Superwoman Syndrome Stacy Franklin, LPC, Registered Mediator   | Room 4   |
| 1st Session        | 1.5 C CE        | Advanced Practice Institute  How to Use Free Online Assessment Measures for Mental Health Evaluations  Aaron Norton, LMHC, LMFT, CCMHC, MAC, DCMHS, CFMHE                     | Room 5   |
| 2nd Session        | 1.5 <b>C</b> ce | Advanced Practice Institute  Safety Planning with Clients At-Risk for Suicide  Kathy D. Robinson, PhD, LPC, NCC, CPCS  ShamaPanjwani, MS, LPC, NCC                            | Room 5   |
| 5:00 PM - 6:30 PM  | 1.5 S CE        | CPCS Certification/Recertification Facilitating Counselor Development: Using Innovative Supervisory Techniques Eric Groh, LPC, CPCS, ACS, ICGC II                             | Room 1   |
|                    | Fri             | day Morning, May 8, 2020, Convention  |          |
| 7:30 AM – 8:30 AM  |                 | Networking, Continental Breakfast – Exhibitors  | Ballroom |
| 8:30 AM – 8:45 AM  |                 | Break. Meet up with Exhibitors.   |          |
| 8:45 AM – 12:00 PM | 1.5 S/E CE      | CPCS Certification/Recertification Supervision Through the Ethical and Multicultural Lens Catherine (Catharina) Y. Chang, PhD, LPC, NCC, CPCS                                 | Room 1   |
| 2nd Session        | 1.5 S/E CE      | CPCS Certification/Recertification  The Importance of Crisis Intervention Training in Supervision  Kelly J. Veal, PhD, LPC, CAADC, NCC, CPCS  and Dixie Powers, PhD, LPC, NCC | Room 1   |
| 1st Session        | 1.5 S/E CE      | CBCT (Cognitively-Based Compassion Training) Introduction Jennifer Finch, LPC, NBCC, CBCT®  | Room 2   |
| 2nd Session        | 1.5 S/E CE      | Saving an Icon: A Holistic and Eclectic Approach to Psychotherapy Tamara Brown Payne, PhD, LPC, NCC, CRC, ACS   | Room 2   |
|                    | <b>3E</b> ce    | Advanced Practice Institute  Ethics and the Aging Therapist: Paying it Forward with "Geezer Power"  Don Durkee, EdS, LPC, CPCS, NCC   | Room 3   |
| 1st Session        | 1.5 C CE        | Therapists as Interventionists: Training Parents to Manage Problem Behavior Arcella J. Trimble, PhD, LP, and Jillian Samms, PhD, LPC  | Room 4   |
| 2nd Session        | 1.5 C CE        | Rethinking Sexual Addiction: Is It For Real? Richard Blankenship, LPC, NCC, CCH, CSRRS, CBTS, CPCS  | Room 4   |

| 1st Session                             | 1.5 C CE      | Play Therapy with the Grieving Child Trudy Post Sprunk, LMFT-S, LPC, CPCS, RPT&S, EMDR Certified, SE Trained   | Room 5   |
|---|---------------|--|----------|
| 2nd Session                             | 1.5 C CE      | The Healthy Clinician: Addressing Life Events While Helping Others Heal Aprile Whitfield, LPC, CPCS  | Room 5   |
|   | 3C CE         | Neurobiology of Emotional Pain Joy F. Welcker, PhD, LPC, OMC   | Room 6   |
|   | Fri           | day Afternoon, May 8, 2020, Convention   |          |
| 12:00 PM – 1:30 PM                      |               | Lunch is on your own. Enjoy food trucks and Atlanta area eateries.<br>Meet up with Exhibitors.   |          |
| 12:15 PM – 1:15 PM                      | 1C CE         | Advanced Practice Institute (bring your own lunch)  Credentialing and Billing  Jill Leslie, owner of Piece of Mind Billing   | ?        |
| 1:30 PM – 4:45 PM                       | 3 <b>S</b> CE | CPCS Certification/Recertification Supervision Documents and Forms David Markwell, PhD, LPC, NCC, ACS, CPCS  | Room 1   |
| 1st Session                             | 1.5 C CE      | <i>Trauma, Addiction, and Motivational Interviewing</i> Chalice C. Rhodes, PhD, LPC  | Room 2   |
| 2nd Session                             | 1.5 C CE      | Assessment and Understanding Risk Factors Dawn Allred, LPC, MAC  | Room 2   |
|   | 3 <b>C</b> CE | Advanced Practice Institute  Advancing Your Clinical Cultural Interventions:  What Do We Need to Know When Intervening Across Cultures  Dr. Jose F. Vasquez, PsyD, PhD, LMHC, LPC, CPCS and Dr. Sara Franco-Vasquez, PsyD, NTP | Room 3   |
|   | 3 C CE        | The Years of Living Dangerously: Exploring Early Attachment Experiences Mary Gay, PhD, LPC, CPCS   | Room 4   |
|   | <b>3E</b> CE  | Private Practice 101: Legally and Ethically Start a Private Practice Anne Rice, LPC  | Room 5   |
|   | 3 <b>C</b> CE | Addressing Codependency in Substance Abuse Treatment Patrice Alexander, LPC, CPCS, MAC, and Millicent Parker, MDiv, LPC  | Room 6   |
|   | Satu          | rday Morning, May 9, 2020, Convention  |          |
| 7:30 AM – 8:30 AM                       |               | Networking, Continental Breakfast – Exhibitors   | Ballroom |
| 8:30 AM – 8:45 AM<br>8:45 AM – 12:00 PM | 3 <b>9</b> ce | Break. Meet up with Exhibitors.  CPCS Certification / Recertification  | Room 1   |
| 0.43 AWI - 12.00 FWI                    | 33 CE         | Growing Clinicians: The Stages of Clinical Supervision Gregory K. Moffatt, PhD, LPC, CPCS  | HOOH     |
|   | 3C CE         | Family Divorce 101—A Clinical Education on Divorce Kelley Linn and Jo Abney, LPC, CAADC  | Room 2   |
|   | <b>3E</b> CE  | Advanced Practice Institute  Ethics in Supervision: Principles, Rules, Conflicts, and Boundaries  Larry Schor, PhD, LPC, CPCS  | Room 3   |
| 1st Session                             | 1.5 C CE      | Let's Talk About Suicide Angel Brutus, PsyD, LPC, CRC, BC-TMH, CCH   | Room 4   |
| 2nd Session                             | 1.5 C CE      | CHARIS: A Forgiveness Process Embracing Spirituality and Psychotherapy Jaye Lynn Peabody Smith, MPA, MDIV, MS, LPC, CPCS   | Room 4   |
|   | 3C CE         | Play Therapy with the Transgendered Child Trudy Post Sprunk, LMFT-S, LPC, CPCS, RPT&S, EMDR Certified, SE Trained  | Room 5   |
|   | <b>3E</b> CE  | Clinical Counseling Practice and Ethical Implications: Case Scenarios<br>Joanna Goulding, LAPC, NCC  | Room 6   |

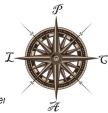
#### **Convention Institutes and Presenters**

 $\hbox{C-Core $E-Ethics/Legal/Foundations $S-Supervision/Foundations/Methods $T-Telemental $A_{-}$ and $A_{-}$ and $A_{-}$ are also considered as $A_{-}$ and $A_{-}$ are also considered as $A_{-}$ are also considered as$ 

■ Preconvention Institute ■ CPCS Certification / Recertification Track\*

Advanced Practice Institute\*\* Mental Health Track

\*Meets the requirement for on-site CPCS and CPCS Recertification \*\*Advanced Practice Workshops have been identified as such by the presenter



#### Tuesday, May 5, 2020



Preconvention Institute

NBFE/LPCA Forensic Mental Health

Evaluation Certification Training

In partnership with LPCA of GA, the National Board of Forensic Evaluators, Inc. (NBFE) offers an exclusive forensic mental health evaluator certification training event in Atlanta or online, enabling mental health professionals across the country to attend remotely. NBFE is the only forensic certification organization officially endorsed by the American Mental Health Counselors Association.

Participants will learn about NBFE, the Certified Forensic Mental Health Evaluator credential, and the certification process. Participants will familiarize themselves with the definition of forensic mental health evaluations, differences between forensic and clinical evaluations, ethical considerations for forensic evaluation, types of forensic mental health evaluations, and qualifications for administering and interpreting psychological tests.



Aaron Norton, LMHC, LMFT, CCMHC, MAC, DCMHS, CFMHE, is serving as Executive Director of the National Board of Forensic Evaluators, Adjunct Instructor at the University of South Florida, Southern Regional Director for the American Mental Health Counselors Association, and President

of the Florida Mental Health Counselors Association. He has more than 15 years of clinical experience at Integrity Counseling, Inc., was awarded Mental Health Counselor of the Year by the American Mental Health Counselors Association and Counselor Educator of the Year by the Florida Mental Health Counselors Association in 2016, and has been published in several academic journals and professional magazines in counselor education.

#### Wednesday Morning, May 6, 2020



Nancy Reeves Presidential Forum and LPCA General Business Meeting

Carolyn A. Ramp, EdS, LPC, CPCS, NCC, ACS, is the Augusta Regional Manager for Georgia Behavioral Health Professionals. With over 40 years of experience working with individuals, couples, and families, she offers consultation and supervision of therapeutic services. She obtained a Masters Degree in Counseling at Augusta College and a Specialist Degree at Georgia Southern University. She currently serves as President of the LPCA Board of Directors.



## Advanced Practice Institute *Telemental Health*

Presenting a six-hour advanced practice Telemental Health program to fulfill the requirement for six hours of training in Telemental Health under Composite Board rule 135-11, which defines Telemental Health and establishes minimum standards for the delivery of services by a licensed Professional Counselor, Social Worker, or Marriage and Family Therapist using technology-assisted media.

Keny Felix, PhD, LPC, CPCS, is an Adjunct Professor, Social and Behavioral Sciences at Broward College. He is also an Adjunct Professor, Graduate Counseling Program, at John Brown University. He previously served as Adjunct Professor, School of Counseling and School of Ministry at Richmont Graduate University.

**Sonja Sutherland**, PhD, LPC, BC-TMH, is an Associate Professor of Counseling at Richmont Graduate University's School of Counseling. She also serves as the Dean of Assessment, Planning and Accreditation, overseeing program and institutional accreditation.



CPCS Certification/Recertification Clinical Supervision 101: Supervision Competencies

This workshop is open to all supervisor skill levels. The purpose of this workshop is to review vital supervisor competencies. Topics to be included are the traits of a clinical supervisor, components of the supervisory relationship, and professional barriers that may impact supervision delivery. Attendees are encouraged to participate in discussion and engage in productive dialogue throughout the presentation of topics.

Megan V. Boyd, PhD, LPC, CPCS, is the Director of Training and Professional Development for ncgCARE. Within her department, the primary focus is to improve clinical quality and training for all ncgCARE partners. Dr. Boyd has experience as an adjunct faculty, clinical director, and clinical supervisor, and has served on the LPCA CPCS committee.

Joshua Gebhardt, AMFT, received his Master's degree from Lee University's COAMFTE-accredited Marriage and Family Therapy program in Cleveland, TN. He is enrolled currently as a doctoral student in Mercer University's Counselor Education and Supervision program. Josh works as a marriage and family therapist for Grace Harbour in Newnan.

#### C 1.5 ce

## Trauma Informed Care in Working With Suicidal Adolescents

Untreated trauma and loss in childhood and adolescence is linked to increased risk of suicidal ideation. If not addressed, risk can escalate with age and may result in suicidal gesture or attempt or, ultimately, completion of suicide (Felitti, 1998, Gaskill & Perry, 2012, Shaw, 2000). Participants will be able to describe increasing prevalence of adolescent suicidal ideation, gesture and attempts; identify warning signs and symptoms of trauma in children and adolescents.

**Denise Houston, LPC**, graduated from Argosy University with a Master's Degree in Counseling Psychology in 1996. Her areas of interest include impact of adverse experiences and trauma, grief and loss, and development of self across the lifespan. Her experience includes working in nonprofit and state agencies, then moved into private practice in 2004.

#### C 1.5 ce

## Temperament, Personality and Oppositional Behavior

This workshop session will define and describe temperament and personality, and view a history of temperament and personality assessments. Additionally, we will discuss the influences of temperament and personality on oppositional behavior.

#### David Markwell, PhD, LPC, NCC, ACS, CPCS, CART, EAS-C,

Clinical Supervision Chair, is a licensed and board certified Professional Counselor and clinical supervisor in Georgia and Alabama. He has offices in Marietta and McCaysville, GA. He is a mental health consultant for *Fetch Your News*, the online news show serving North Georgia, a periodic guest on the Atlanta morning radio show *Bailey and Southside* (100.5), and was awarded the 2017 George C. Podein Counselor of the Year by the LPCA of GA.

#### C 1.5 ce

# Advanced Practice Institute Fun with Z-Codes: The Counselor's Guide to Diagnosing Non-Disorders

This workshop provides counselors with an overview of z-codes and a systematic process for using z-codes to formulate more effective case conceptualizations and treatment plans. What are "z-codes?" If they aren't disorders, will insurance companies pay for them? A comprehensive list of z-codes is an integral part of diagnosis. When clinicians learn to efficiently and effectively list z-codes, they can save themselves and others a great deal of time, write more meaningful treatment plans, more easily identify what's missing in their interventions, and thereby improve client outcomes.

#### Aaron Norton, LMHC, LMFT, CCMHC, MAC, DCMHS, CFMHE,

is serving as Executive Director of the National Board of Forensic Evaluators, Adjunct Instructor at the University of South Florida, Southern Regional Director for the American Mental Health Counselors Association, and President of the Florida Mental Health Counselors Association. He has more than 15 years of clinical experience at Integrity Counseling, Inc., was awarded Mental Health Counselor of the Year by the American Mental Health Counselors Association and Counselor Educator of the Year by the Florida Mental Health Counselors Association in 2016, and has been published in several academic journals and professional magazines in counselor education.

#### C 1.5 ce

#### Advanced Practice Institute Counselors' Experiences in the Client Role in Counseling

Counselors are ethically responsible for maintaining their own mental health. At some point in a counselor's career, it is not uncommon for counselors to be in both the role of counselor with clients and in the client role in their own personal counseling. This presentation focuses on preliminary qualitative data on counselors' experiences in the client role in counseling. This presentation will review the current literature on counselors in the client role, will expand on the rationale for the current research study, provide preliminary results, and illuminate the importance and implications of this research.

Carrie Elder, LPC, ATR-BC, CPCS, is a counseling doctoral student who has served as Graduate Art Therapy Coordinator at Georgia College and State University and taught adjunct masters level counseling courses at Mercer University. She has provided in-person and telehealth clinical counseling supervision for 8 years and counseling for 15 years. She is an experienced researcher and presenter, with an emphasis in counselor development, ethics, mindfulness, and non-religious studies.

C. Peeper McDonald, PhD, LPC, ACS, NCC, is an Assistant Professor in the Department of Counseling at Mercer University, and holds a PhD in Counselor Education and Practice. Her research interests include professional identity, social justice and advocacy issues, and multicultural issues in counseling. She has presented and published on these topics, with specific focus on the racial mislabeling, color-blindness and discrimination, and identity development of multiracial individuals.

Researchers: Elizabeth Norris and Danielle Dunkley

#### C 1.5 ce

## The Resilience of Women in Transition from Young to Middle Adulthood

Women in transition from young to middle adulthood face a variety of conflicts and concerns. With modern-day roles that change and evolve, it is important they have the self-efficacy for the challenges and well-being to support them. This workshop provides a framework for working with women experiencing the shift with a focus on resilience. An interactive discussion is offered to include cultural implications, tools, and assessment for counselors as they work with women shifting from Erikson's psychosocial stage of intimacy vs. isolation to generativity vs. stagnation.

**Sarah J. Littlebear, PhD, LPC**, has been counseling in Georgia for over ten years. She has a private practice in Woodstock and also is core faculty for University of the Cumberlands. Research and practice interests include wellness, women's issues, criminal justice population, addiction, and trauma.

#### C 1.5 ce

#### The Science Behind the Intervention: Implementing Evidence-Based Practice

As competent counselors, we must all use best practices. The term "best practices" is defined as approaches to counseling practice that have empirical evidence to support their effectiveness. We will discuss how to become familiar with some of the empirical evidence in support of widely-used best practices and review techniques for implementation with your clients and for yourself.

**Dalora Najera**, LPC, specializes in substance use disorders. She recently returned to providing utilization review for a managed care company after spending 3 years as a research project coordinator for the Behavioral Genetics of Addiction Lab at Emory University. She also has experience with individual and group counseling for co-occurring disorders in community mental health settings.

**Dina R. Smith, LPC**, is owner of "Organized Life Works, LLC which provides Professional Organizing and Lifestyle Coaching to help moms create more balanced lives. She is also a Substance Abuse Group Leader.

#### C 1.5 ce

## The Ethics of Boundaries in Clinical Practice

Case scenarios provide valuable teaching material, demonstrating both classical and unusual presentations which may confront the practitioner. These scenarios are designed to put your diagnostic and management skills to the test. Attendees are expected to discuss the signs, symptoms, diagnosis, and treatment planning.

**Rebecca Beaton**, PhD, LPC, CPCS, is a licensed psychologist with over 25 years of clinical experience. She is the Founder and Director of TheKnowledgeTree.org, a site for learning and growing. She has served as Adjunct Professor in the Psychology Department of Emory University; Co-founder of OCD Georgia, a local non-profit for OCD advocacy; and as Ethics Chair for the Georgia Psychological Association.

#### Wednesday Afternoon, May 6, 2020



#### CPCS Certification/Recertification The Law and Board Rules in Clinical Counseling Supervision

This session will review the laws and rules that govern becoming a Licensed Professional Counselor in the state of Georgia. We will review current methods of documentation recommended for supervisors and supervisees. Ethical codes for supervision and documentation will be examined.

Eric J. Rodgers, LAPC, BCC, NBCC, is a mental health professional with a strong clinical foundation, psychiatric hospital experience, and thorough knowledge of board rules and regulations regarding counseling practice. Having worked clinically with a diverse range of clients, including those with severe mental health issues, his professional experience includes work as a licensure consultant, CPCS program manager, and board member for the Licensed Professional Counseling Association of Georgia.

## 3 CE

#### Suicide Ideation: Assessment and Treatment

This workshop covers an explanation of suicide ideation including risk factors, precipitating factors, and warning signs that increase risk for suicide ideation and suicide attempt. Participants will be able to use the C-SSRS to assess for suicide risk in clients, effectively create a safety plan with clients, determine the level of risk, and determine treatment for clients. Participants will get to practice assessing, creating a safety plan, and determining level of risk and care needed interactively.

Julia Harris, LPC, NCC, has worked with the Summit Counseling Center in Johns Creek and Dunwoody since 2015. As a Staff Therapist, intensively trained in Dialectical Behavior Therapy (DBT), she serves as the DBT Team Lead. Her areas of competency include acute and chronic suicide ideation, selfharm, eating disorders, and mood disorders. She works with adolescents and adults starting at age 13.

# 1.5 CE

#### **Advanced Practice Institute** Practical Approaches to Working with Individuals with Severe Mental Illness

This workshop provides the clinician with a brief review of symptoms and diagnostic criteria of various severe and persistent mental illnesses and offers knowledge based on clinical studies regarding the treatment of such disorders. It focuses on difficult to treat symptoms and offers the learner practical ideas when working with this population of patients.

Laura B. Howell, PsyD, LPC, NCC, has a Master's of Science in Clinical Counseling Psychology from Brenau University and a Doctorate of Psychology from Georgia School of Professional Psychology. She has worked in both private practice and in a forensic setting in the areas of trauma, domestic violence, severe and persistent mental illness, suicidality, and various other areas. She is currently working with female offenders in a prison setting.

## 3 CE

#### Dealing With Ambivalence to Change in Psychotherapy

Ever feel stuck with clients? We often use terms such as resistant, oppositional, borderline to describe patients who, despite expressing a desire to change, reject our help. This workshop offers an alternative interpretation of resistance as Pathological Ambivalence (PA) that is rooted in biological functioning and psychological narrative. These factors result in the development of strong but conflicting needs that can slow down, confuse or even halt the therapeutic process. This workshop will offer a framework and specific strategies for sidestepping power struggles that often occur due to PA and that enable the patient to resolve the ambivalence from within.

Linda Paulk Buchanan, MEd, PhD, founded Atlanta Center for Eating Disorders in 1993 which was acquired by Walden Behavioral Care in 2017 for whom she currently works as Senior Director of Clinical Services. Her book A Clinician's Guide to Pathological Ambivalence was published in 2019.

Dr. Buchanan serves as a peer reviewer of American Psychological Association Journals and writes a blog called From One Therapist to Another, about experience gained in 35 years of clinical practice.

#### What Color is Your (Counseling) 1.5 CE Paracbute?

Whether you are planning a career in counseling, are an experienced counselor, or are considering retirement from counseling, there may come a time when you need to switch fields or find a new type of employment. Whether job incompatibility, transference, vicarious injury, or burnouts play a role in your career, how do you go about identifying what you can offer to another type of work or career? Inspired by both personal experience, observation, and the best selling book, What Color Is Your Parachute?, this panel discussion will cover aspects such as job fit, second careers, career change and planning, and life-work planning for people with a counseling background.

Thomas E. Andre, LPC, and Associate Real Estate Broker. Tom has a BS in Organizational and Interpersonal Communication and a MA in Counseling. For several years, he was dual-careered as a therapist in private practice and as a part-time Realtor. He has also served on the Board of the LPCA. Currently, he utilizes his people, communication, and counseling skills to make real estate transactions a simple, stress free for his clients.

## 1.5 CE

#### Mixed Orientation in Relationships: A Counselor's Guide

Mixed-orientation couples (MOCs) are a marginalized LGBTQ+ population that have received little attention from researchers and clinicians. Those in mixed-orientation relationships seem to face specific challenges that contribute to unique difficulties in marriage. The topics covered in this presentation will include a discussion of best practices, relationship qualities and characteristics, clinical approaches, and risk factors when working with mixed-orientation couples.

Joshua Gebhardt, AMFT, received his Master's degree from Lee University's COAMFTE-accredited Marriage and Family Therapy program in Cleveland, TN. He is enrolled currently as a doctoral student in Mercer University's Counselor Education and Supervision program. Josh works as a marriage and family therapist for Grace Harbour in Newnan.

#### S 1.5 CE

#### **CPCS** Certification/Recertification Filling in the Gaps in Clinical Counseling Supervision

This informative and interactive session will help supervisors develop knowledge and skills in areas not typically addressed in clinical supervision trainings. This session was designed based on common questions supervisors and supervisees have about supervision as presented during LPCA consults. It will cover topics such as what needs to be inside a supervision notebook, notifying the board of changes, best practices, and more.

Eric J. Rodgers, LAPC, BCC, NBCC, is a mental health professional with a strong clinical foundation, psychiatric hospital experience, and thorough knowledge of board rules and regulations regarding counseling practice. Having worked clinically with a diverse range of clients, including those with severe mental health issues, his professional experience includes work as a licensure consultant, CPCS program manager, and board member for the Licensed Professional Counseling Association of Georgia.

#### Thursday Morning, May 7, 2020



#### Advanced Practice Institute Psychopharmacology 2020

The workshop will also highlight the body of knowledge of psychotropic medications including the latest anti-depressants, anti-psychotics, anti-anxiety, mood stabilizers, psycho-stimulants, and herbal psychotropic. A recent review of the latest research in the neurobiology of anxiety, depression and substance use disorders will also be included in this presentation.



#### Merrill Norton, PharmD, DPH, ICCDPD,

is a Clinical Associate Professor at the University of Georgia College of Pharmacy with his specialty areas to include psychopharmacology and addiction pharmacy. He has also been a faculty member of the Fairleigh-Dickinson University Postdoctoral Training Program in the Masters of

Psychopharmacology, Alliant International University of San Francisco College of Psychology, University of Georgia School of Continuing Education, and Berry College in the areas of Psychopharmacology and Addiction Pharmacy. His area of specialty in addiction pharmacy is the management of chronic pain in the addicted patient.

S 1.5 CE

#### CPCS Certification/Recertification Help Me Help You: Diversity Issues in Supervision

This interactive workshop will review the current literature surrounding diversity issues in clinical supervision; specifically gender and cultural differences. This workshop will allow attendees to explore and identify diversity bias in their supervisory roles. The attendees will also learn ways to reduce diversity bias in supervision.

Megan V. Boyd, PhD, LPC, CPCS, is the Director of Training and Professional Development for ncgCARE. The focus of her department is to improve clinical quality and training for all ncgCARE partners. Dr. Boyd has experience as an adjunct faculty, clinical director, and clinical supervisor and has served on the LPCA CPCS committee.

**Salem Tennyson**, NCC, is a first year Counselor Education and Supervision doctoral student at Mercer University, Atlanta.

S/E 3 CE

#### CPCS Certification/Recertification Ethical Considerations when Providing Feedback in Supervision

In this presentation, ethical issues in supervision feedback will be explored. Feedback is central to effective supervision, but numerous issues make it challenging, such as cultural difference, lack of direct observation, and giving difficult feedback. What are the ethical responsibilities of supervisors to provide feedback? How can supervisors more effectively and ethically provide feedback to supervisees? This presentation outlines ways in which supervisors can provide supervision feedback that is grounded in ethical practice.

Paul H. Smith, PhD, LPC, NCC, ACS, is an assistant professor at Mercer University in Atlanta in the Department of Counseling. He received his PhD in Counseling and Counselor Education from the University of North Carolina at Greensboro, and his MA in Counseling from Wake Forest University. His research interests include globalization and the profession of counseling, grief and loss in counseling, and effective teaching in counselor education.

Mindie M. Blackshear, APC, NCC, is a current Doctoral Student in the Counseling Education and Supervision program at Mercer University, College of Professional Advancement. She received Master of Science in Clinical Mental Health Counseling at Mercer University and Bachelor of Arts in Psychology from Piedmont College.

#### Sex Therapy 101

1.5 CE The workshop will introduce participants to the basics of what sex therapy is and how it helps clients achieve greater intimacy and relational satisfaction. Sex Therapy 101 is designed to help mental health clinicians assess sexual problems, triage, and refer when needed.

Natalie A.N. Elliott, LPC, LMFT, CST, CPCS, CST-S, is an AASECT Certified Sex Therapist and Sex Therapy Supervisor specializing in helping individuals and couples improve their sexual relationships. Natalie is currently working exclusively in her private counseling practice in North Atlanta where she is enjoys supporting her clients and training new therapists in the sexuality field. For more information please visit www.AtlantaSexTherapy.com.

#### C 1.5 ce

 $\mathbf{C}$ 

#### TF-CBT from a Children's Advocacy Center Standpoint

Trauma-Focused Cognitive-Behavioral Therapy (TF-CBT) has been proven to be beneficial when working with children who have experienced trauma. Many times clinician's have to learn to navigate TF-CBT from a multidisciplinary approach in order to address the child, family, and other agencies such as law enforcement and dfcs, as a whole. This training assists clinicians with that process.

**Destiny Huff, LPC, CPCS**, has worked in the field for over 10 years and started out working alongside the Juvenile Court and eventually the Children's Advocacy Center where she found a passion for working with children who have experienced trauma. Destiny is currently a TF-CBT Certified Trauma Therapist, Licensed Professional Counselor, and Certified Professional Counselor Supervisor.

#### C 3 CE

## Recovering from the Justice System Experience

Many people with mental and substance use disorders involved with the criminal justice system face many challenges threatening their recovery and increasing their probability of relapse and/or re-arrest. This workshop will address the positive impact of behavioral health professionals in their clients' recovery process.

Marcus Carter, LPC, MAC, CPCS, has been working as a behavioral health counselor in Georgia corrections and community supervision with women and men for over 30 years. He is an adjunct instructor at Carver College and a POST certified instructor for criminal justice professionals. He is a certified facilitator for GPSTC Crisis Intervention Team (CIT), Crisis Intervention Team for Youth (CIT-Y), and a Trauma Informed Care Trainer for Criminal Justice Professionals.

#### C 1.5 ce

## How to Market and Grow a Faith-Based Practice

Often clients are searching not only for a counselor with good clinical skills, but also one that offers a faith-based perspective. It is important that clients are able to find their ideal counselor. In this presentation, I will give helpful information on branding and marketing your practice to attract these clients. As well, I will talk about how to network with organizations, particularly churches, to help point religious clients in your direction. I will teach you how to start and grow a successful faith-based practice.

Whitney Owens, LPC, is the owner of Water's Edge Counseling in Savannah. She learned firsthand how to start and grow a practice, beginning solo and expanding to a group practice. Whitney has experience working in a variety of religious settings, including volunteering at her current church. Whitney is also a professional consultant through Practice of the Practice, where she specializes in helping clinicians build faith-based practices.

#### Therapeutic Gaming Applications

1.5 CE In this workshop, we will discuss the therapeutic application of role-playing games (RPGs) to empower clients to relate, communicate, and solve social problems to support growth and healing. The presentation will focus on the application of RPGs on autism spectrum disorder, ADHD, bipolar disorder, and other related diagnoses.

L. Michael Fields, LPC, is the proud father of a young man on the autism spectrum. Learning to join his son and play from a developmental perspective inspired him to pursue a career as a LPC. He is a firm believer in the power of stories to promote growth and healing and he wanted to share what he learned from his son with other families. When someone gets a diagnosis or has a disability, the traditional medical approach would have their story focus on deficits. He embraces a wellness model and employs a developmental framework (DIRFloortime®) along with cooperative and collaborative games to shift the narrative from pathology to potential, providing the opportunity for people to see themselves as not just the authors, but the heroes of their own story. He has been in private practice in Atlanta, GA for over a decade.

A. Rebecca Lanier, APC, AMFT, enjoys working with individuals, families, and groups with varying needs and diagnoses, such as autism spectrum disorder, ADHD, bipolar disorder, and social anxiety. She values working with a person's support network and drawing from their strengths to aid them on a journey of empowerment and growth. She leads social skills, process, and therapeutic gaming groups at Inneractions Therapy Services in which she helps members create strong inner-thinking abilities and positive peer interactions.

## 3 CE

#### Chronic Pain/Approaches to Pain Management and Complex Pain Recovery®

The workshop will help professionals in addressing issues surrounding chronic pain, whether it is a primary issue or an issue that keeps coming up in therapy. The workshop begins with an introduction to the history and evolution of pain management, explains the difference between acute and chronic pain and how pain is currently diagnosed, measured, and typically treated by the medical community. Detailed exploration of the Biomedical "Curative" Model and the Biopsychosocial Model will be addressed.

Anastasia D. Bean, LPC, NCC, is the Founder and Clinical Director of Connections Behavioral Health and Complex Pain Recovery®. She has developed an expertise in chronic pain through her collaborative work with pain management specialists. Inspired to better serve the chronic pain community she has developed the program Complex Pain Recovery®, which provides support groups as well as consultation for clients and continuing education workshops for professionals.

#### Thursday Afternoon, May 7, 2020

3 CE

**CPCS** Certification/Recertification Foundations of Supervision: Developing a Framework for Supervision

This workshop will educate Clinical Supervisors on the basic foundations of Counselor Supervision. The presenter will teach what to do and how to do it so Certified Professional Counselor Supervisors will have a framework for doing effective clinical supervision. During this workshop, the presenter will provide an overview on how to engage with supervisees to create a trusting relationship and follow through to assessment, goal setting, intervention and evaluation of the supervisee.

Patrice Alexander, LPC, CPCS, MAC, now serving as the Clinical Director for MARR, has 20 years of clinical experience providing individual, couples, and family counseling to individuals with varying mental health and substance use

disorders. She has worked as Assessment Counselor at Anchor Hospital, Adolescent Therapist for McIntosh Trail Community Service Board, Mobile Assessment Counselor and Outpatient Therapist for Anchor Hospital, Assessment Department Supervisor at MARR, Family Counselor for MARR Men's Recovery Center program in Doraville for six years, and Clinical Coordinator for MARR's Family Recovery Center for two years.

## 3 CE

#### **Understanding Medication Assisted** Treatment for Mental Health Professionals

Counselors see many clients who have a co-occurring substance use disorders but we don't always know what to do. Most of us have been impacted by addiction through work, families and friends, and our community. There will be an interactive discussion to understand what addiction is and the impact it has in the person's life. We will define in easily understandable ways what medication assisted treatment is and why it is used in opioid addiction as well as for the treatment of several other disorders. Treatment modalities will be introduced to enhance the therapeutic process and improve the overall outcome.

Dawn Allred, LPC, MAC, has worked 29 years in community mental health. She has specialized in working with people living with co-occurring disorders as well complex issues such as homelessness, severe poverty, legal problems, and poor health. She provides professional trainings on co-occurring disorders, recovery oriented systems of care, understanding addiction and recovery, MH/SA assessment and treatment planning, and suicide assessment and intervention.

### $\mathbf{C}$ 3 CE

#### **Advanced Practice Institute** What To Do and Not Do: **Effective Counseling for Couples**

Effective counseling for couples requires much more than solving issues that causes relationship stress. Effective counseling requires the identification of complex factors influencing cognitive mindset as well as identifying the deeper needs and purpose behind presenting issues. An effective treatment approach must be customized to help each unique couple identify their recipe for relationship satisfaction. Treating the whole couple is an effective approach that utilizes strategies identified in years of research along with a CBT and REBT foundation to increase relationship satisfaction. The combination results in a customized recipe for relationship enhancement, restoration, and healing.

Shannon Barnes, PhD, LPC, CPCS, has owned Tranquility Counseling Services in Woodstock for over five years. Effective counseling for couples is a strong factor in her success. Early in her career, she recognized that regardless of presenting issues, relationship satisfaction was typically a strong component of individual treatment. She compiles information from current literature, as well as her experience, to present an effective treatment approach for counseling couples successfully.

#### Counseling Competencies of LGBT 1.5 ce Minorities "Coming Out" to Their Families

The purpose of this program is to explore the experience of LGBT minorities coming out to their families and how to become culturally competent while counseling a client who has experienced this phenomenon. While there have been many quantitative studies of statistics related to LGBT communities, we wanted to gain the kind of in-depth knowledge of LGBT minorities and their experience of disclosing their sexuality to their families. The data and results will aid in developing a unifying systemic model that will focus on the family processes and structures to promote and support daily functioning in a way that helps the counseling field embrace the diversity of family forms for future qualitative research.

#### C 1.5 ce

#### Treating the Professional Black Superwoman Syndrome

This presentation is an interactive, energetic lecture about the history and the consequences associated with African American women who identify with the Black superwoman syndrome. The session will provide history and more in-depth perspective of many African American women's beliefs related to caregiving, self-image and their role in the black family and community. The session will also provide clinical recommendations on how to treat African American women who identify with the Black Superwoman experience.

**Stacy Elizabeth Franklin, LPC**, is a registered domestic mediator, who is Founder and CEO of Access Counseling Coaching and Consulting in Peachtree City. She combines her experience and platform as a former corporate executive with clinician to bring affordable and accessible mental health services to individuals, couples and families who are experiencing mental health challenges and life stressors.

#### C 1.5 ce

#### Advanced Practice Institute How to Use Free Online Assessment Measures for Mental Health Evaluations

Counselors are often looking for evidence-based strategies for aiding them in assessment, evaluation, and diagnosis without breaking the bank. This workshop provides an overview of several free measures that counselors can use both for initial assessment and to track client progress.

Aaron Norton, LMHC, LMFT, CCMHC, MAC, DCMHS, CFMHE, is serving as Executive Director of the National Board of Forensic Evaluators, Adjunct Instructor at the University of South Florida, Southern Regional Director for the American Mental Health Counselors Association, and President of the Florida Mental Health Counselors Association. He has more than 15 years of clinical experience at Integrity Counseling, Inc., was awarded Mental Health Counselor of the Year by the American Mental Health Counselors Association and Counselor Educator of the Year by the Florida Mental Health Counselors Association in 2016, and has been published in several academic journals and professional magazines in counselor education.

### C 1.5 ce

#### Advanced Practice Institute Safety Planning with Clients At-Risk for Suicide

A safety plan is not a "No Suicide Contract" which is not recommended by experts in the field of suicide prevention. As they are generally used, no-suicide contracts ask patients to promise to stay alive without telling them how to stay alive. This workshop will assist participants in moving their clients to safety, stability, and connections with resources.

**Kathy D. Robinson**, PhD, LPC, NCC, CPCS, is an Associate Professor in the Counseling Department at Mercer University. She holds a Georgia School Counselor certificate for grades P-12. In addition to teaching, Dr. Robinson is a practicing mental health clinician in the Atlanta area with more than twelve years of experience working with adolescents and adults in resolving a range of developmental, behavioral, social, crisis, and educational challenges. She is also a National Master Trainer for QPR Gatekeeper Instruction and an active member of LPCA.

#### S 3 CE

#### CPCS Certification/Recertification Facilitating Counselor Development: Using Innovative Supervisory Techniques

While counselor supervision occurs in various formats, it is through the use of traditional supervision methods that the counseling supervisee is able to identify areas of strengths and/or improvements, as well as the process in which their session take place. This session will provide the participants with an overview of all supervision methods and techniques as well as explore the advantages and disadvantages of their utilization.

Eric Groh, LPC, CPCS, ACS, ICGC II, is the owner of Ethics Demystified, LLC. He incorporates his depth of experience to train others in the art and science of psychotherapy. As a former Governor appointee to the Composite Board, Eric is known for his eagerness to share licensing processes and helping LPC, SW, and MFT guard against threats to their practice licenses. He is the founder of the state chapter, Georgia Council on Problem Gambling, Inc.

#### Friday Morning, May 8, 2020

#### S/E 1.5 CE

#### CPCS Certification/Recertification Supervision Through the Ethical and Multicultural Lens

Through lecture, discussions, and group activities, this presentation will provide participants fundamental knowledge necessary to provide competent and ethical practices for multicultural competent supervision. The presenter will review various models and frameworks for understanding multicultural supervision, discuss ethical dilemmas in supervision, highlight challenges as well as recommendations related to ethical multicultural supervision competence. This workshop is designed to facilitate participants' awareness of their own cultural background and expand participants' multicultural and social justice competence by examining how culture affects the supervisory process and how culture influences the interpretation and application of the Multicultural and Social Justice Counseling Competencies and ethical practice.

Catherine Chang (Catharina), PhD, LPC, NCC, CPCS, is a Professor in the Department of Counseling and Psychological Services at Georgia State University. She has taught clinical supervision to doctoral students and has supervised Masters' and doctoral level counseling students for over 20 years. She has conducted over 100 presentations, workshops, and keynote addresses and has authored and co-authored more than 80 publications including one book.

## **S** 1.5 CE

# CPCS Certification/Recertification The Importance of Crisis Intervention Training in Supervision

Counselors require continuous supervision and training to deliver effective crisis techniques. Learn how to provide effective supervision that can prevent counselors from the hazardous effects of working with suicidal clients. How do we empower our supervisees to feel confident in a crisis situation while maintaining protection against burnout? Attend this workshop to find out!

Kelly J. Veal, PhD, LPC, CAADC, NCC, CPCS, is Program Coordinator for the Clinical Mental Health Counseling program at LaGrange College. She is the CEO/Owner of Veal Group, LLC, a private counseling practice specializing in EMDR therapy. She is a passionate advocate for multiple causes including trauma-responsive care, social justice issues, suicide prevention, and mental health awareness. She has extensive experience working with trauma, dissociation, substance abuse, and a wide array of other issues with all ages.

## 1.5 CE

#### CBCT (Cognitively-Based Compassion **Training)** Introduction

Compassion is better known as resilience training. It is an integrative and quite complex mind and body state that prepares us to lean into our own or other's suffering with a profound desire to alleviate that suffering. This requires a deep ability to hold on to ourselves so we don't get swept away in the current of suffering. CBCT® is a toolbox of research-based, analytical meditation practices that help to nurture inner thoughts and emotions, and maintain self-control, helping one properly manage personal and occupational stress, overwhelm and prevent burnout.

Jennifer Finch, LPC, NBCC, CBCT®, in addition to her private practice in 2013, she became the founding director of Be Here Now Mindfulness, LLC. She passionately researches and teaches on the neuroscience and physiology of compassion and resiliency, and understands these complex integrative states of mind and body to have unique healing properties. She recently completed her certification to teach CBCT® Compassion Training to clients and other practitioners from the Center for Contemplative Sciences and Compassion Based Ethics at Emory University. She is also a level I practitioner of Dr. Peter Levine's Somatic Experiencing™ 3-year advanced training in trauma.

#### Saving an Icon: A Holistic and Eclectic 1.5 CE Approach to Psychotherapy

This interactive workshop is geared towards new counselors and those who want to renovate themselves as counselors. Participants will examine the life and tragic death of Amy Winehouse. It will focus on how using combinations of theoretical orientations can be applied creatively using a case conceptualization, which is effective in supervision. Participants will develop a biopsychosocial prevention and intervention plan based on the identified factors and diagnosis.

Tamara Brown Payne, PhD, LPC, NCC, CRC, ACS, has been a holistic and eclectic therapist and a life coach/strategist for over 13 years. She is an innovative facilitator for personal and professional development contracting through her company, BrownPayne Innovations. Dr. Payne is an Associate Professor teaching Counseling and Psychology and the Director of the Center for Teaching and Learning at Fort Valley State University. She is a published author and researcher on sexual exploitation, quality of life, youth in poverty, and microaggression with other research interests in alternative health and nutrition, disabilities, lifespan development, and counseling.

### E 3 CE

#### **Advanced Practice Institute** Ethics and the Aging Therapist: Paying it Forward with "Geezer Power"

This workshop addresses issues related to the impact of aging on the management and conduct of a clinical therapy practice. This includes considering what clients we take on, the days and hours we work, the issues and disorders we agree to treat, how we pass on what we learn, and more. So, come and discuss these and other challenges...if you think you're old enough!

Don Durkee, EdS, LPC, CPCS, NCC, has over 40 years of counseling, consulting, and executive coaching experience. He is also a former President of LPCA, and he holds the designation of CPCS #0018. Don has spoken on clinical topics at conferences in Boston, Chicago, Philadelphia, Washington, and Georgia, and currently conducts advanced educational workshops and consultation groups for practicing clinicians. In addition, Don is a voting member of The Authors Guild and Mystery Writers of America. He also publishes a blog, "From the Shrink in the Cheap Seats," at www.dondurkeelpc.com.

#### C 1.5 CE

#### Therapists as Interventionists: Training Parents to Manage Problem Behavior

The purpose of this presentation is to equip mental health therapists with skills in conducting parent training in behavior modification. The session will include a discussion of the components of effective parent training programs. Evaluation of participants and facilitators from parent training groups conducted by the presenters will be incorporated. This presentation is ideal for early career professionals and those who have interest in facilitating behavior modification groups with parents.

Arcella J. Trimble, PhD, LPC, CPCS, obtained her PhD in Psychology with an emphasis in School Psychology from the University of Southern Mississippi. During her tenure at the Johns Hopkins University School of Medicine/Kennedy Krieger Institute, she specialized in parent training and marriage and family therapy. She has worked as an assistant professor and contributing faculty member at several colleges and universities. She is currently focused on the development of master therapists through uniquely crafted supervision experiences for beginning and experienced clinicians.

Jillian Samms, PhD, LPC, combining Psychology and Education, Jillian pursued a Master's degree in School Psychology at Georgia State University. She is an advocate for those with special needs and has an interest in improving inclusive school environments, school-based interventions and using the creative arts in wellness. She completed her doctoral degree in Clinical Psychology at Walden University. She has a passion for working with children, adolescents, and families and facilitating wellness in these populations.

#### Rethinking Sexual Addiction: 1.5 CE Is It For Real?

Clients present quite often with sexual behaviors that are problematic for them, their families, or society. The concept of sexual addiction gained notoriety over the last forty years. The recent failed attempts to get sexual addiction into the DSM brought many problems to light. Researchers have worked over the last ten years to address the issues related to problematic sexual behaviors. The recent acceptance of compulsive sexual behavior disorder into the ICD makes this topic even more relevant. This workshop will address theoretical perspectives on treating sexual behaviors in clients who experience significant distress.

#### Richard Blankenship, LPC, NCC, CPCS, CBTS, CSRRS,

is the clinical director for Capstone Counseling and Coaching and Capstone Center for Sexual Recovery and Transformation; a program for men, women, spouses/partners, couples, and services for children and adolescents. He is currently on the board for the Society for the Advancement of Sexual Health (SASH), where he chairs the Advanced Topics in Problematic Sexual Behavior committee. He is a founding board member of the Association for Partners of Sex Addicts Trauma Specialists (APSATS) where he served for over four years. He is a frequent guest on Atlanta area radio and television programs dealing with problematic sexual behavior, betrayal trauma, and sexual trauma. He has authored or co-authored five books.

## Play Therapy and the Grieving Child

1.5 CE The presenter will discuss the therapist's roles and responsibilities while working with the grieving child. The focus will be on creative and engaging play therapy techniques for use in assessment and treatment. The purpose is to provide attendees an opportunity to learn information and skills regarding psychotherapy with the grieving child. The advantages of using play therapy will be presented via case studies. This workshop includes videos, handouts, experiential group activities, and research findings.

#### Trudy Post Sprunk, LMFT, LPC, CPCS, RPT&S,

SE trained, CPT&S, EMDR certified, and AAMFT approved supervisor. Since 1993, she has provided supervision and consultation. Trudy has presented at national and international conferences for over 40 years. Trudy has been a psychotherapist since 1971. She has presented over 700 lectures and written numerous articles. In 2014, she received the National Award for Promotion and Education of Play Therapy by APT. She is co-founder and President of GAPT.

#### The Healthy Clinician: Addressing Life 1.5 CE Events While Helping Others Heal

It is often times difficult for practioners/clinicians to view inevitable life events with "best practices" as the perspective. Life events are events that impact all persons regardless of profession. How does the clinician maintain helping others while impacted by one's life event? This interactive workshop will provide attendees an brief overview of the Holmes-Rahe Life Stress Scale and tools on how to improve wellness while balancing personal "stressful" life events.

Aprile Whitfield, LPC, CPCS, is the author of The Impaired Clinician: When Staff Raise Workplace Risk in the leading corrections magazine CorrectCare (2018). Ms. Whitfield works within the Corrections (Juvenile and Adult) industry. She has experience in forensic community mental health.

#### C 3 CE

#### Neurobiology of Emotional Pain

This workshop explores the neurobiology of emotional pain pathways and how chronic pain informs our holistic health status. We will consider the role of trauma and epigenetic encoding in relation to emotional pain by reviewing polyvagal theory, data from the ACES study, and how clients ascribe meaning to personal suffering. Learn ways that mental health providers may facilitate holistic client care in conjunction with the medical community with regard to chronic pain and associated emotional characteristics.

Joy F. Welcker, PhD, LPC, OMC, has worked in a mental health private practice setting since 2003. She earned a specialist degree in school psychology in 2003, followed by doctoral degree in clinical psychology with a subspecialty in neuropsychological assessment in 2013. During her postdoctoral studies, she worked in a private practice setting specializing in developmental trauma and brain-based assessments and techniques. In 2017, she opened Brighter Brains Integrative Health in Statesboro, GA where she sees clients of all ages across the lifespan. Her specialities include brain-based interventions, diagnostic assessment, and holistic client care.

#### Friday Afternoon, May 8, 2020



#### **Advanced Practice Institute** Bring Your Own Lunch Session: Credentialing and Billing

Jill Leslie, Owner, Piece of Mind Billing, LLC, has been in business since 2006, collaborating with partners in healthcare billing, marketing, administrative management, and mental health staffing/billing.

## 1.5 CE

#### **CPCS** Certification/Recertification Supervision Documents and Forms

This supervision session will provide a review and discuss in detail the necessary forms that a CPCS-credentialed supervisor will need to have knowledge of and the ability to complete and maintain throughout the supervisory role. Participants will be encouraged to explore and demonstrate the need for proper documentation to meet regulations to enhance supervisory experience and strengthen supervisees professional competence.

#### David Markwell, PhD, LPC, NCC, ACS, CPCS, CART,

EAS-C, Clinical Supervision Chair is a licensed and board certified Professional Counselor and clinical supervisor in Georgia and Alabama. He has offices in Marietta, GA and McCaysville, GA. He is a Mental health consultant for Fetch Your News, the online news show serving North Georgia, a periodic guest on the Atlanta morning radio show "Bailey and Southside" (Rock 100.5), and was awarded the 2017 George C. Podein Counselor of the Year by the LPCA of GA.

## 1.5 CE

#### Trauma, Addiction, and Motivational **Interviewing**

Trauma, Addiction, and Motivational Interviewing will introduce participants to the seminal Adverse Childhood Experiences (ACE) study, the revised ACE survey, and motivational interviewing skills. Participants will learn the connection between ACE and future drug abuse and addiction. Participants will also discover their ACE score by taking the revised ACE survey. Participants will synthesize and apply motivational interviewing skills with clients who struggle with ACE, drug abuse, and addiction.

Chalice C. Rhodes, PhD, LPC, (formerly Jenkins) is an Assistant Clinical Professor of Counseling and Family Therapy and the Program Director of the Bachelor of Science in Behavioral Health Counseling program at Drexel University in Philadelphia, PA. Teaching in the higher education for over 11 years, she currently teaches counseling and substance abuse classes at both the undergraduate and graduate level. Dr. Rhodes has been licensed as a LPC and NCC since 2008.

## 1.5 CE

#### Assessment and Understanding Risk Factors

For many professionals, assessment, especially crisis assessment, can seem overwhelming and to be honest a bit scary at times. When we think of crisis we immediately think suicidal and homicidal. However there are many types of crisis our clients face. This presentation will discuss ways to accurately assess and identify risk factors so we can develop an effective treatment plan to assist our clients. When we assist our clients with developing a path toward recovery with a clear direction and action steps; then we begin to empower the client to reduce crisis and risk factors, and affect change.

Dawn Allred, LPC, MAC, has worked 29 years in community mental health. She has specialized in working with people living with co-occurring disorders as well as complex issues such as homelessness, severe poverty, legal problems, and poor health. Dawn provides professional trainings on co-occurring disorders, recovery oriented systems of care, understanding addiction and recovery, MH/SA assessment and treatment planning, and suicide assessment and intervention. Dawn is living in long term recovery and is dedicated to bringing a holistic approach to recovery.



#### **Advanced Practice Institute** Advancing Your Clinical Cultural Interventions: What We Need to Know When Intervening Across Cultures

The complexity of identity within groups, subcategories of larger communities, multi ethnic identity, trends in local specific migration patterns and variation call for developing cultural sensitivity as a mental health clinician. Engaging identities, transferences and counter transferences must be examined and the clinician must be mindful of them. The need for knowing how other cultures use alternative ways of healing by seeking help from traditional practitioners and natural healers is also crucial when working with cultures different than ours. Culture base positive psychology and resilience strategies as well as historical and transgenerational trauma will also be addressed.

#### Dr. Jose F. Vasquez, PsyD, PhD, LMHC, LPC, CPCS,

has been a mental health practitioner for the last 28 years. Dr. Vasquez is a private practitioner in Augusta. He has also practiced in the state of Washington for more than 22 years. In addition, Dr. Vasquez is a Clinical Hypnotherapist and fellow of the National Board for Certified Clinical Hypnotherapists, a minority Mental Health Specialist, Child, Adolescent, and Geriatric specialist. Dr. Vasquez holds a Master degree in Marriage, Family and Child Therapy, a Doctorate Degree in Human Services/ Psychology, and a Doctorate Degree in Psychology.

**Dr. Sara Franco-Vasquez, PsyD, NTP,** earned a master degree in Marriage, Child, and Family Therapy from the Phillip Graduate University in Chatsworth, California. She graduated from the National University of Mexico City (UNAM) in Clinical Psychology, and holds a Doctorate degree in Psychology from the California Southern University in Santa Ana, CA. She is a Minority Mental Health Specialist and a Child, Adolescent, and Geriatrics Specialist. She is also a Nutritional Therapist dedicated to making connections between brain and body through proper nutritional protocols.

#### C 3 CE

#### The Years of Living Dangerously: Exploring Early Attachment Experiences

This workshop explores early childhood experiences, including trauma, and their impact on the development of attachment systems. The presenter will discuss attachment across the lifespan including recent research regarding the neurobiology of attachment. Experiential exercises will assist participants in identifying their own attachment style and identifying the attachment style of their client. Appropriate for anyone interested in learning about integrating attachment theory in their work with clients.

Mary Gay, PhD, LPC, CPCS, in clinical practice since 1995, is the co-founder of the Southeastern Counselor Training Institute (SCTI) launched in September, 2019. She works with individuals of all ages and specializes in clients who have experienced developmental trauma and attachment difficulties across the lifespan, personality disorders, and addiction. In addition, Dr. Gay taught graduate students for twelve years in a Clinical Mental Health Program, where she practiced incorporating innovative and creative techniques in teaching a wide variety of topics.

#### C 3 CE

## Private Practice 101: Legally and Ethically Start a Private Practice

This session will take clinicians through all the necessary steps to legally and ethically start a private practice. Attendees will have all of their questions answered about the ins and outs of starting a business in Georgia. Attendees will learn about paying quarterly taxes and saving for business expenses. The program will go over how to reserve a business name, get a business license, start an LLC, open a business banking account, get liability insurance, get an EIN and NPI, set up a Google listing, and information about HIPAA compliant email and phone services. We will also go over the necessary paperwork to have before seeing your first client.

Anne Rice, LPC, owns a private therapy practice, Firefly Wellness Counseling, in Avondale Estates. She received her undergraduate degree in Psychology from Princeton University and her Masters in Counseling from Boston College. She is also the owner of Blue House Wellness, a coworking space for therapists and community of mental health professionals that offers workshops and fully furnished offices to help therapists launch private practices.

#### C 3 CE

#### Addressing Codependency in Substance Abuse Treatment

During this workshop, we will provide an overview of Codependency and how it impacts relationships during substance abuse. We will examine how negative childhood experiences create problems with self-esteem, boundaries, intimacy, dependence, and maturity. We will teach how these unresolved problems lead to dysfunctional survival traits that lead to the core symptoms of Codependence. Participants will learn tools to assist clients in recovering from codependence and substance abuse develop secure attachment in relationships.

Patrice Alexander, LPC, CPCS, MAC, now serving as the Clinical Director for MARR, has 20 years of clinical experience providing individual, couples, and family counseling to those with varying mental health and substance use disorders. She has worked as Assessment Counselor at Anchor Hospital, Adolescent Therapist for McIntosh Trail Community Service Board, Mobile Assessment Counselor and Outpatient Therapist for Anchor Hospital, Assessment Department Supervisor at MARR, Family Counselor for MARR Men's Recovery Center program in Doraville for six years, and Clinical Coordinator for MARR's Family Recovery Center for two years.

Millicent Parker, MDiv, LPC, has over a decade of pastoral care and counseling experience and eight years of clinical experience working with individuals, couples and families in various mental health and substance abuse capacities. Her background includes working in hospice, church, hospital and mental health settings. She has worked as Assessment Counselor in MARR's Admissions Department for a year and as Family Counselor at MARR's Men Recovery Center in Doraville, GA for four years, and as Lead Family Counselor for MARR's Family Recovery Center for a year and a half. She currently serves as Family Program Coordinator of MARR's Family Recovery Center.

#### Saturday Morning, May 9, 2020



#### CPCS Certification/Recertification Growing Clinicians: The Stages of Clinical Supervision

In this workshop, supervisors will be trained on the various stages of supervision, the risks and benefits of supervision, and the ethical issues related to supervision. Informed consent for supervision, evaluation of supervisees, and navigating licensing for supervisees will be discussed. Participants will interact with the presenter and other attendees.

**Gregory K. Moffatt, PhD, LPC, CPCS**, Dean of the College of Social and Behavioral Sciences, Point University, is also a Professor of Counseling Psychology at Point University, a clinician in private practice, and a specialist in childhood trauma in private clinical practice. With 30 years experience, he is the author of many books and articles and a regular column for *Counseling Today*, titled *Voice of Experience*. He has been a supervisor for more than 25 years of both interns and postmasters licensing clinicians.

#### C 3 CE

## Family Divorce 101-A Clinical Education on Divorce

Family Divorce 101-A Clinical Education on Divorce Counselors are in a unique position to help divorcing clients preserve their family's financial and relational future. Learn how to solidify your counselor/client relationship and become a sustaining long-term resource to them. You will learn new information about divorce reform occurring in GA that positively impacts families to reduce financial/relational trauma formerly associated with the divorce process and how this reform impacts you as a Clinician.

**Kelley Linn**, Georgia Civil Mediator, is the CEO of Transitions Resource Divorce Mediation Centers. With a BS in Journalism, she created Transitions Resource, LLC (2010), a Divorce Family Advocacy to reduce the financial/emotional impact of divorce. She has published five divorce books including "Family Divorce Therapy 101-A Clinicians Guide to Best Practices in Treating Families Pre/During/Post Divorce."

Jo Abney, LPC, CAADC, MAT, CPCS, is the Clinical Director at The Carter Treatment Center in Cumming, where she also maintains a private practice providing individual, couples and family counseling. Her experience includes facilitating intensive outpatient treatment programs and aftercare recovery groups, establishing a peer-support SMART recovery program, working with drug and DUI accountability court programs, and facilitating anger management as well as family violence intervention groups. She is a Past-President of LPCA of GA (2013-2014).

#### S/E 3 CE

C

#### CPCS Certification/Recertification Ethics in Supervision: Principles, Rules, Conflicts, and Boundaries

"Rules should govern our principles, but never shackle them, for when procedure impedes purpose, we lose sight of love." In a world that is, perhaps necessarily, governed by rules, we risk losing site of the principles from which the rules emerged. This workshop will explore the difficult work that takes place at the intersection of rules, principles, ethics, and relationships, with a particular focus on the complexities of these factors.

Larry Schor, PhD, LPC, CPCS, has been a member of LPCA since the 1980s, is a Professor of Psychology at the University of West Georgia and has a small private practice in Carrollton. He has been an American Red Cross Disaster Mental Health counselor/supervisor for more than twenty years. He is responsible for www.georgiadisaster.info which is the official DMH website for Georgia. His professional interests include suffering, healing, and group work. He has been honored by LPCA as Counselor of the Year (2004) and Counselor Educator of the Year (2019).

#### Let's Talk About Suicide

Given that sport-participation requires high levels of risk-taking, loss of fear, and perpetual building of tolerance and pain threshold, there are many factors to consider when working with athletes demonstrating additional risk factors for suicidality. Discussion will involve the effects of psychopharmacologic interventions on motor behaviors within the context of sport-performance will foster attendees' understanding of the complexities surrounding client well-being in the pursuit of elite performance. The Interpersonal-Psychological Theory of Suicide (IPTS) is the guiding framework used when understanding why people engage in suicidal behaviors (Van Orden, Witte, Cukrowicz, Braithwaite, Selby & Joiner, 2010).

Angel Brutus, PsyD, LPC, CRC, BC-TMH, CCH, is a member of Mississippi State University's Sports Medicine and Performance team serving as Director of Counseling and Sport Psychology. There, she provides clinical and performance enhancement services to address MSU's sports culture. She serves in this role after managing a private practice based in Atlanta, Georgia where she provided clinical and sport performance services to individuals, teams and organizations. Her training includes Licensed Professional Counseling, Certified Rehabilitation Counseling and Sport-Performance Psychology.

#### S/E 1.5 CE

#### CHARIS: A Forgiveness Process Embracing Spirituality and Psychotherapy

Forgiveness is often a challenge for many, particularly those who have a spiritual background where forgiveness is essential. And quite honestly, many clients may feel, forgiveness is not fair. This interactive workshop will address barriers to forgiveness and offer an intrapersonal process to forgiveness that embraces both perspectives of psychology and spirituality. The workshop will also encourage the professional counselor to examine their own intersection of practice and faith.

Jaye Lynn Peabody Smith, MPA, MDIV, LPC, CPCS, is a counselor, professor, speaker and author. She is President/CEO of her counseling practice The Peabody Practice, LLC. She is currently pursuing a Doctor of Ministry in Pastoral Counseling at Mercer University. Jaye is passionate about abiding with people on their journey to emotional wholeness. Her latest book *Heels, Hearts, and Halos: Lessons on My Journey* was released in June 2019.

#### C 3 CE

## Play Therapy with the Transgender Child

The presenter will discuss the therapist's and family's roles and responsibilities. The focus will be on creative and engaging experiential play therapy techniques for use in assessment and treatment. The purpose is to provide attendees an opportunity to learn information and skills regarding psychotherapy with the transgender gender child and their family. The advantages of using Play Therapy will be presented via case studies.

**Trudy Post Sprunk, LMFT, LPC, CPCS, RPT&S**, SE trained, CPT&S, EMDR certified, and AAMFT approved supervisor. Since 1993, she has provided supervision and consultation. Trudy has presented at national and international conferences for over 40 years. Trudy has been a psychotherapist since 1971. She has presented over 700 lectures and written numerous articles. In 2014, she received the National Award for Promotion and Education of Play Therapy by APT. She is co-founder and President of GAPT.

#### C 3 CE

#### Clinical Counseling Practice and Ethical Implications: Case Scenarios

Join us for an interactive review of ethical dilemmas and implications for clinical counseling practice. Participants will address a variety of ethical issues and ethical decision making processes to enhance their counseling practice skills.

Joanna Goulding, LAPC, NCC, works as a bilingual Psychotherapist (Spanish) in the Dunwoody area. She is also the co-director of the non-profit organization Alive and Well, designed to provide counseling services to the undeserved in the Atlanta area. Joanna currently serves as the Atlanta District Rep on the LPCA Board of Directors.



### A Special Thank You to Our Exhibitors

The LPCA Convention Planning Team continues to work to create an environment to provide a great opportunity for exhibitors to share their knowledge and expertise. Let the momentum and energy of this 32nd Annual Convention and Regional Conference continue as we remain connected through a person we met, a tip we picked up, a sample we tried, or a message we heard. We know from past conventions our attendees use the materials you have supplied to help their clients, find events to broaden their knowledge, and improve their practice.

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### LPCA Represents You and Your Profession!

- ♦ LPCA has provided over 900 hours of free CEs which included in-person workshops by LPCA, co-sponsored workshops with sites, and online webinars.
- ♦ LPCA has not raised its membership dues since 2005!
- ♦ LPCA "Founding Fathers" wrote the law, called the Scope of Practice.
- ♦ When the State of Georgia moved to outsourcing Mental Health services, LPCA was instrumental in changing the contract to include hiring LPCs.
- ♦ In 2012 LPCA changed legislation to add LPCs to the list of providers who could sign the Emergency Transport Form (10–13, 20–13).
- ♦ In 2016 LPCA changed the law to add the word diagnose to the LPC Scope of Practice as now required by the Federal Government.

- ♦ LPCA has emailed all members to make sure all LPCs in the state are not only aware of the changes to the law, but also been prepared to meet them.
- ♦ LPCA offers the licensing board required credential for Clinical Supervisors
- ♦ In the ten years of the CPCS program, LPCA has offered four different summits to prepare Certified Professional Counselor Supervisors to meet the need for supervision.
- ♦ LPCA is setting standards for our specialty that are catching the attention of other mental health specialties.
- ♦ LPCA representatives attend the Composite Board meetings to keep LPCs current and to make sure our voices are heard.
- ♦ LPCA has offered personal consultations for ethics, licensure, training, and more.

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### **Past Presidents of LPCA**

Established in 1987 with seed money from AMHCA, American Mental Health Counselors Association, LPCA has become the largest, most successful state chapter for mental health professionals in the U.S. Originally named GMHCA, Georgia Mental Health Counselors Association, it changed its name to LPCA, Licensed Professional Counselors Association of Georgia, in 1995. The LPCA Board of Directors, under the leadership of its Presidents, continues to shape the counseling profession today.

| Chuck Goodrum    | 1987–1990 | Sonia Torretto     | 2004–2005 |
|------------------|-----------|--------------------|-----------|
| Peter Risdon     | 1990-1991 | John C. Burns, III | 2005-2006 |
| Russ Terwilliger | 1991–1992 | Dawn Collinge      | 2006–2007 |
| Jerry Hall       | 1992–1993 | Leon E. Spencer    | 2007-2008 |
| Carolyn Wierson  | 1993-1994 | Mary Jackson       | 2008-2009 |
| Mark Van Tuyl    | 1994–1995 | Shelley Hankins    | 2009-2010 |
| Joel Bagby       | 1995-1996 | Don Durkee         | 2010-2011 |
| Jan Disney       | 1996–1997 | Greg Kirk          | 2011–2012 |
| Karen Wolfe      | 1997–1998 | Diane Clark        | 2012–2013 |
| Charles Good     | 1998–1999 | Jo Abney           | 2013-2014 |
| Linda Painter    | 1999-2000 | Theresa Holt       | 2014-2015 |
| Fred Pauli       | 2000      | Katie Tolleson     | 2015-2016 |
| Nancy Reeves     | 2000-2002 | Galen Cole         | 2016-2017 |
| Phil Foster      | 2002-2003 | Darrell Brooks     | 2017–2018 |
| André Marria     | 2003-2004 | Lisa King          | 2018–2019 |

Research shows that the most successful people are members of their professional organizations. LPCA, the Licensed Professional Counselors Association of Georgia, is nationally recognized as The Most Outstanding State Association for Counselors in the United States. *Join today!* 



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