

Certified Professional Counselors Supervisor (CPCS) Credential

REQUIRED SUPERVISION TRAINING

Total hours for initial approval: 24 CEs

Hours required every 2 years for renewal/recertification: 12 CEs

Required content areas:

1. ***Legal and Ethical Issues in Supervision*** — 6 hours minimum for initial application and 3 hours minimum in subsequent renewals
2. ***Foundations of Supervision*** — 6 hours minimum for initial application
3. ***Methods of Supervision*** — 6 hours minimum for initial application
4. ***Specialized/Advanced Techniques in Supervision***—no required hours in this category, but hours may be included from this category if other required content areas have been met

Detailed descriptions follow on pg 2-3.

Potential Workshop Topics for Legal and Ethical Issues in Supervision

- Licensure/Certification Requirements
- Ethical Issues in Counseling and Supervision
- Legal Issues in Counseling and Supervision

Potential Workshop Topics for Foundations of Supervision

- Definition and Role of Supervision
- The Supervisory Relationship
- Supervision Models and Approaches

Potential Workshop Topics for Methods Of Supervision

- Structure of Supervision
- Supervision Techniques
- Evaluation of Supervisees

Potential Workshop Topics for Specialized/Advanced Techniques in Supervision

- Developing a Personal Supervision Style/Approach
- Self-care and Supervision of Supervision
- Group Supervision
- Future Challenges and Opportunities in Supervision
- Telemental Health Supervision

Detailed Information By Supervision Section

Legal and Ethical Issues in Supervision

Licensure/Certification Requirements

- Role of Composite Board; LAPC Requirements; LPC Requirements; Role of LPCA and Supervisor Registry; Registered Supervisor Requirements; Determining one's Expertise and its Limitations; Recordkeeping and Documentation.

Ethical Issues in Counseling and Supervision

- Applicable Codes: AMHCA, NBCC, ACES, ACA, Composite Board; Principles in Ethical Decision Making; Acknowledgement of Power Differentials; Exploration of Dual Roles and Changing Roles

Legal Issues in Counseling and Supervision

- Available Resources; HIPAA; Vicarious Liability; Malpractice; Confidentiality vs. Privilege; Duty to Warn/Protect; Due Process; Use of Legal Advice; Remedial/Sanctioned Supervision

Foundations of Supervision

Definition and Role of Supervision

- Purpose/Importance of Supervision; Qualities of a Good Supervisor; Understanding the Supervisory Cycle: Exploring, Comprehending, Integrating; Use of Peer Supervision; Differences in Pre- and Post-Licensure Supervision

The Supervisory Relationship

- Comparisons to Therapeutic Relationship: Similarities & Differences; Power Issues; Multicultural Issues; Interpersonal Process Focus: Transference & Countertransference; Recognizing & Responding to Resistance; Models for Constructive Criticism and Self-Assessment

Supervision Models and Approaches

- Developmental Models; Integrated Models; Client-centered Models; Therapist-centered Models; Supervisee-centered Models; Orientation Specific Models; Social Role Models

Methods Of Supervision

Structure of Supervision

- Clarifying Areas of Knowledge/Competence; Qualifying Candidates; Providing Informed Consent; Establishing the Supervision Contract and Plan for Directed Experience

Supervision Techniques

- Managing the Supervision Session; Reviewing the Work of the Supervisee (audio tape, videotape, live observation); Role of Session Dynamics; Being Aware of Parallel Process and Supervisor Countertransference

Evaluation of Supervisees

- Purpose; Methods; Issues; Criteria; Conditions; Feedback vs. Criticism; Two-way Feedback; Dealing with Supervisee Deficiencies; Ethical Guidelines and Obligations

Specialized/Advanced Techniques in Supervision

Developing a Personal Supervision Style/Approach

- Comfort-level Factors; Choice of Focus as Indicator; Respect for Differences; Self-Disclosure; Use of Humor; Developing Self-Observation and Self-Reflection/Assessment Skills

Self-care and Supervision of Supervision

- Phases of Supervisory Development; When to Accept/Decline a Supervisee; Therapy for the Therapist?

Group Supervision

- How to Lead Effective Supervision Groups; Clarity of Purpose vs. Individual Supervision; Screening Potential Members; Group Dynamics; Power Issues; Levels of Process vs. Content; General vs. Topic-specific Groups

Future Challenges and Opportunities in Supervision

- Distance Supervision (on-line correspondence, on-line interactive); Supervision with/by/for Contractors

Telemental Health Supervision

- Supervision under the "TeleMental Health" law in Georgia; Technology that applies, including audio and video recordings of client sessions; Storage, transfer, and destruction of TMH recordings/records; Legal and ethical issues present in TMH; Risk analysis and documentation